1  
00:00:02,360 --> 00:00:04,240  
好了，各位同学们啊  
  
2  
00:00:04,280 --> 00:00:08,340  
咱们接着聊咱们的金匮要略，上次的课呢  
  
3  
00:00:08,340 --> 00:00:11,860  
咱们讲了痰饮咳嗽病脉症的一个开头啊  
  
4  
00:00:11,860 --> 00:00:15,610  
它的病因和病机我们知道，仲景老仙师呢  
  
5  
00:00:15,650 --> 00:00:20,450  
在金匮里头分成了坛玄一支，四引啊  
  
6  
00:00:20,490 --> 00:00:21,610  
所谓谭玄一支呢  
  
7  
00:00:21,610 --> 00:00:22,810  
那各有其特征  
  
8  
00:00:23,280 --> 00:00:23,800  
痰饮呢  
  
9  
00:00:23,800 --> 00:00:26,520  
本身水走肠间，粒粒有声啊  
  
10  
00:00:26,560 --> 00:00:30,680  
那么也包含在心下的胃肠胃佳这个部位  
  
11  
00:00:31,370 --> 00:00:32,130  
呃，玄隐呢  
  
12  
00:00:32,130 --> 00:00:33,410  
它的位置特殊啊  
  
13  
00:00:33,410 --> 00:00:36,450  
咱们知道就在这个胸膜啊，这个位置啊  
  
14  
00:00:36,490 --> 00:00:40,880  
如钟庆之高，悬悬在这所谓义尹  
  
15  
00:00:41,160 --> 00:00:42,640  
那我们讲它溢出来了嘛  
  
16  
00:00:43,120 --> 00:00:46,100  
那么中央四肢有内外之别  
  
17  
00:00:46,260 --> 00:00:49,780  
那么意引就是E到了外头，E到了四肢之上  
  
18  
00:00:50,320 --> 00:00:51,520  
知隐是什么概念呢  
  
19  
00:00:51,520 --> 00:00:54,200  
我们讲知者知解也对吧  
  
20  
00:00:54,200 --> 00:00:55,480  
就像树枝一样啊  
  
21  
00:00:55,820 --> 00:00:57,620  
那么谁是跟树枝一样的  
  
22  
00:00:57,620 --> 00:00:59,740  
那就是人的那个肺落啊  
  
23  
00:00:59,740 --> 00:01:01,660  
咱们讲呃肺呢  
  
24  
00:01:01,660 --> 00:01:02,820  
向左右而开张  
  
25  
00:01:03,220 --> 00:01:05,860  
那么其实我们今天讲叫气管和支气管  
  
26  
00:01:05,860 --> 00:01:07,660  
是不是气管如主干  
  
27  
00:01:07,920 --> 00:01:09,040  
支气管如分支  
  
28  
00:01:09,200 --> 00:01:13,800  
那么古人用这个比较形象的说法，认为它是旁开的  
  
29  
00:01:13,800 --> 00:01:14,360  
旁支的  
  
30  
00:01:14,360 --> 00:01:16,280  
这种引邪其实就是肺里的瘾啊  
  
31  
00:01:16,600 --> 00:01:18,440  
那么比较常见，称之为支饮  
  
32  
00:01:18,880 --> 00:01:20,760  
那么这四种也分出来之后  
  
33  
00:01:20,960 --> 00:01:24,200  
我们说，临床上咱们怎么去治它啊  
  
34  
00:01:24,360 --> 00:01:26,870  
怎么去呃进行治疗  
  
35  
00:01:27,070 --> 00:01:31,670  
那么这个呢，就是我们接下来要跟大家聊的一个话题  
  
36  
00:01:32,790 --> 00:01:34,370  
第一个，呃  
  
37  
00:01:34,490 --> 00:01:34,850  
痰饮  
  
38  
00:01:35,210 --> 00:01:38,210  
那么它原文16条，这说了一句话  
  
39  
00:01:38,970 --> 00:01:40,890  
呃，心下有痰饮  
  
40  
00:01:41,460 --> 00:01:45,380  
胸胁支满目眩，临桂猪肝汤主之啊  
  
41  
00:01:45,900 --> 00:01:47,820  
那么依旧是先解释一下条文  
  
42  
00:01:48,850 --> 00:01:49,690  
讲了这么一个事  
  
43  
00:01:49,690 --> 00:01:50,930  
他的病是什么病呢  
  
44  
00:01:52,170 --> 00:01:54,310  
五个字，心下有痰饮啊  
  
45  
00:01:54,310 --> 00:01:55,030  
这就是他的病  
  
46  
00:01:55,630 --> 00:01:57,230  
那么心夏是哪儿啊  
  
47  
00:01:57,270 --> 00:01:59,270  
那么咱们经过这么长时间的学习  
  
48  
00:01:59,670 --> 00:02:03,260  
我相信各位同学都非常能够直观地反映出来  
  
49  
00:02:03,500 --> 00:02:06,100  
心下者无非是未晚，对吧  
  
50  
00:02:06,490 --> 00:02:07,770  
那么胃丸有痰饮  
  
51  
00:02:08,210 --> 00:02:14,870  
那么是不是符合我们四饮痰玄一支中间痰饮的特征啊  
  
52  
00:02:15,270 --> 00:02:15,470  
哎  
  
53  
00:02:15,470 --> 00:02:17,310  
那么痰饮就是在胃肠之间啊  
  
54  
00:02:17,630 --> 00:02:18,470  
那么他膝下呢  
  
55  
00:02:18,470 --> 00:02:19,270  
就是在胃脘  
  
56  
00:02:20,120 --> 00:02:20,320  
嗯  
  
57  
00:02:20,680 --> 00:02:22,680  
那么这种在未晚的痰饮呢  
  
58  
00:02:23,080 --> 00:02:25,480  
那么我依旧是过去的讲法  
  
59  
00:02:25,480 --> 00:02:26,160  
古人啊  
  
60  
00:02:26,530 --> 00:02:27,930  
他不像今天这样  
  
61  
00:02:27,930 --> 00:02:30,290  
我们今天的人要看一个病，对吧  
  
62  
00:02:30,490 --> 00:02:32,050  
咱们一搭眼说你  
  
63  
00:02:32,330 --> 00:02:33,570  
你有很多检查报告  
  
64  
00:02:33,650 --> 00:02:37,750  
在这跟着古人就是人往这一放啊  
  
65  
00:02:37,750 --> 00:02:38,510  
一堆儿，一块儿  
  
66  
00:02:38,790 --> 00:02:39,750  
你茶色按脉  
  
67  
00:02:39,830 --> 00:02:40,630  
先别阴阳  
  
68  
00:02:41,010 --> 00:02:41,730  
四诊合参  
  
69  
00:02:42,050 --> 00:02:44,450  
那么就得通过他的脉证  
  
70  
00:02:44,450 --> 00:02:48,370  
来反过来印证他的这个痰饮的存在啊  
  
71  
00:02:48,370 --> 00:02:51,350  
那不可能，我们说透视一下是不是啊  
  
72  
00:02:51,550 --> 00:02:52,790  
那你怎么能印证呢  
  
73  
00:02:52,990 --> 00:02:54,230  
那这块说了两件事  
  
74  
00:02:54,310 --> 00:02:56,570  
第一叫胸胁之满啊  
  
75  
00:02:56,650 --> 00:02:58,050  
那么什么叫胸胁之满啊  
  
76  
00:02:58,370 --> 00:03:00,330  
那么咱们从这个上头捋一捋  
  
77  
00:03:00,630 --> 00:03:03,550  
那么无非是胸和胁下啊  
  
78  
00:03:03,590 --> 00:03:04,670  
那么这两个位置呢  
  
79  
00:03:04,990 --> 00:03:08,830  
那么满闷啊，那么支讲的就是支撑结聚的意思  
  
80  
00:03:09,210 --> 00:03:10,930  
就像有东西撑着似的啊  
  
81  
00:03:10,930 --> 00:03:12,930  
在这堵着这种感觉啊  
  
82  
00:03:13,050 --> 00:03:15,420  
满满呃目眩  
  
83  
00:03:15,780 --> 00:03:21,540  
这个是我们说呃痰饮病的一个比较常见的一个问题啊  
  
84  
00:03:21,750 --> 00:03:24,030  
糖尿病常常会出现头晕的事  
  
85  
00:03:24,190 --> 00:03:27,150  
这个往后我们在讲的时候还会给大家拓展  
  
86  
00:03:27,720 --> 00:03:30,520  
呃，那么痰饮病为什么会头晕这个呢  
  
87  
00:03:30,680 --> 00:03:32,680  
从我个人的理解啊  
  
88  
00:03:32,720 --> 00:03:35,920  
以及对前代历代儒家的总结来看  
  
89  
00:03:36,310 --> 00:03:39,750  
呃，我们认为最主要的原因无非是两个  
  
90  
00:03:40,030 --> 00:03:41,110  
第一是脾虚  
  
91  
00:03:41,880 --> 00:03:42,840  
第二是干风  
  
92  
00:03:45,720 --> 00:03:46,760  
而且这两个呢  
  
93  
00:03:47,000 --> 00:03:48,800  
他俩往往就是一个啊  
  
94  
00:03:48,800 --> 00:03:49,680  
为什么这么说呢  
  
95  
00:03:50,120 --> 00:03:50,360  
呃  
  
96  
00:03:50,440 --> 00:03:54,300  
我习惯把不同的病集最后把它串串串成一个  
  
97  
00:03:54,700 --> 00:03:55,820  
串成一条线啊  
  
98  
00:03:55,820 --> 00:03:58,380  
不同的呃事，串成一条线  
  
99  
00:03:58,380 --> 00:03:59,580  
这个我在临床上用啊  
  
100  
00:03:59,580 --> 00:04:00,220  
我也是  
  
101  
00:04:00,890 --> 00:04:03,770  
包括告诉我的学生们，我也都这么教你  
  
102  
00:04:03,770 --> 00:04:05,930  
不要把好多点啊  
  
103  
00:04:06,980 --> 00:04:07,700  
各式各的  
  
104  
00:04:07,700 --> 00:04:10,540  
最后攒了一堆病机在手里攥着，你攥不住  
  
105  
00:04:11,040 --> 00:04:12,640  
就像一堆珍珠，对吧  
  
106  
00:04:12,640 --> 00:04:14,160  
你拿手里头握着  
  
107  
00:04:14,280 --> 00:04:15,400  
这你是握不住的  
  
108  
00:04:15,840 --> 00:04:17,000  
你不如怎么样呢  
  
109  
00:04:17,490 --> 00:04:20,170  
说白了，把这个一堆珍珠打成眼  
  
110  
00:04:20,209 --> 00:04:21,329  
一根线在里一穿  
  
111  
00:04:21,370 --> 00:04:22,810  
把它穿成一串啊  
  
112  
00:04:22,810 --> 00:04:25,770  
那么这样的话相对来说就比较好一点啊  
  
113  
00:04:26,900 --> 00:04:31,620  
因此这个呃临桂猪肝汤那么我们首先要知道  
  
114  
00:04:31,660 --> 00:04:34,720  
它真正的病病机就是心下有痰饮  
  
115  
00:04:35,040 --> 00:04:36,600  
那么他可以看见什么事呢  
  
116  
00:04:36,800 --> 00:04:38,960  
第一就是胸胁的支满啊  
  
117  
00:04:38,960 --> 00:04:41,510  
那么胸胁支撑拮据而满闷  
  
118  
00:04:42,550 --> 00:04:43,910  
呃，目眩啊  
  
119  
00:04:43,950 --> 00:04:45,390  
就是这个人会头晕  
  
120  
00:04:45,470 --> 00:04:48,110  
因此在临床上很多这个胸胁满痛  
  
121  
00:04:48,630 --> 00:04:53,100  
以及这个咱们说眩晕之症啊  
  
122  
00:04:53,460 --> 00:04:55,710  
那么咱们就可以从这来考量，呃  
  
123  
00:04:55,710 --> 00:04:58,390  
因此咱们之前呀也给大家提过这个问题  
  
124  
00:04:58,390 --> 00:05:01,590  
我们临床上有一种常见病叫美尼尔氏综合征，对吧  
  
125  
00:05:02,110 --> 00:05:02,390  
哎  
  
126  
00:05:02,810 --> 00:05:05,410  
或者叫现在叫内耳眩晕症  
  
127  
00:05:05,850 --> 00:05:07,170  
那么很多医家呢  
  
128  
00:05:07,650 --> 00:05:11,520  
都喜欢用苓桂猪肝汤御以对治啊  
  
129  
00:05:11,600 --> 00:05:14,320  
其实它的原理呢，大体就出在这  
  
130  
00:05:14,520 --> 00:05:16,480  
第一就是脾虚，脾不足了之后  
  
131  
00:05:16,720 --> 00:05:18,800  
那我们说就像刚才说的穿珠子啊  
  
132  
00:05:19,090 --> 00:05:20,410  
那么这就是两两个事  
  
133  
00:05:20,610 --> 00:05:21,890  
一个是脾虚，一个是肝风  
  
134  
00:05:22,250 --> 00:05:23,890  
但其实你把它串起来呢  
  
135  
00:05:24,410 --> 00:05:27,330  
他俩又是一个事，儿为什么见肝治病  
  
136  
00:05:27,370 --> 00:05:28,050  
知肝传脾  
  
137  
00:05:28,970 --> 00:05:32,450  
那么肝，它的发动很可能啊  
  
138  
00:05:32,450 --> 00:05:34,810  
就是由于脾的虚弱啊  
  
139  
00:05:34,850 --> 00:05:37,130  
脾虚弱之后，肝就发动起来啊  
  
140  
00:05:37,170 --> 00:05:38,490  
那么就是这么一个问题  
  
141  
00:05:39,030 --> 00:05:41,110  
因此临桂猪肝汤啊  
  
142  
00:05:41,110 --> 00:05:43,350  
那么大家把它看一下就得了  
  
143  
00:05:44,140 --> 00:05:46,740  
呃，那么这个方在用完了之后呢  
  
144  
00:05:46,980 --> 00:05:48,850  
有一个事啊  
  
145  
00:05:48,850 --> 00:05:50,090  
最后说分温三伏  
  
146  
00:05:50,210 --> 00:05:52,370  
然后小便则利啊  
  
147  
00:05:52,490 --> 00:05:57,070  
那么他的小便呢，就出现了一个通利之症  
  
148  
00:05:57,720 --> 00:05:57,920  
呃  
  
149  
00:05:58,080 --> 00:06:00,040  
咱们上次也给大家讲过  
  
150  
00:06:00,240 --> 00:06:04,440  
那么痰饮病往往呢，当从小便去治啊  
  
151  
00:06:04,600 --> 00:06:05,880  
那么当从小便去治  
  
152  
00:06:06,920 --> 00:06:07,960  
这块儿不再赘述  
  
153  
00:06:08,880 --> 00:06:09,160  
呃  
  
154  
00:06:09,280 --> 00:06:10,800  
那么它的治法呢  
  
155  
00:06:10,960 --> 00:06:11,720  
非常简单  
  
156  
00:06:12,000 --> 00:06:14,040  
无非是补土治水  
  
157  
00:06:14,080 --> 00:06:16,400  
那我们从这儿来说，就这两个事啊  
  
158  
00:06:16,400 --> 00:06:17,040  
一个是补土  
  
159  
00:06:17,160 --> 00:06:17,960  
第二是治水  
  
160  
00:06:18,280 --> 00:06:20,760  
因此后世医家呢，有诸多论述  
  
161  
00:06:20,920 --> 00:06:22,480  
比如说比较，呃  
  
162  
00:06:22,600 --> 00:06:27,250  
我们知道比较一个比较通透的，呃  
  
163  
00:06:27,810 --> 00:06:30,930  
清代医家啊，魏立桐先生啊  
  
164  
00:06:30,970 --> 00:06:33,290  
那么他的伤寒金匮论著呢  
  
165  
00:06:34,400 --> 00:06:36,200  
都非常的精妙啊  
  
166  
00:06:36,680 --> 00:06:39,400  
那么魏先生呢，就讲了一个事  
  
167  
00:06:39,400 --> 00:06:39,720  
儿啊  
  
168  
00:06:39,760 --> 00:06:41,720  
他把临桂竹甘汤放在啥位置  
  
169  
00:06:42,120 --> 00:06:46,170  
认为是化痰祛饮之第一法啊  
  
170  
00:06:46,530 --> 00:06:49,290  
认为是化痰祛饮是是非常好的啊  
  
171  
00:06:49,610 --> 00:06:51,610  
这魏先生的一个段语  
  
172  
00:06:54,160 --> 00:06:55,200  
元代赵翼德  
  
173  
00:06:55,600 --> 00:06:57,360  
那么咱们也经常拿他举例子  
  
174  
00:06:57,360 --> 00:06:58,120  
拿他说事  
  
175  
00:06:58,440 --> 00:06:59,520  
他讲这么一个问题  
  
176  
00:06:59,520 --> 00:07:04,000  
叫治水必自小便除之啊，啊  
  
177  
00:07:04,080 --> 00:07:05,560  
治水必自小便处置  
  
178  
00:07:05,800 --> 00:07:08,880  
那么其实都是在佐证临桂诸丸汤  
  
179  
00:07:09,400 --> 00:07:11,880  
那么治疗痰饮的治法啊  
  
180  
00:07:12,970 --> 00:07:14,290  
因为这张方咱们很熟  
  
181  
00:07:14,810 --> 00:07:16,530  
所以在这关于他的方景呢  
  
182  
00:07:16,570 --> 00:07:18,210  
我们也不再赘述了  
  
183  
00:07:19,030 --> 00:07:19,230  
呃  
  
184  
00:07:19,350 --> 00:07:23,990  
下头还有一张临桂猪肝汤的变法啊  
  
185  
00:07:24,070 --> 00:07:24,790  
在底下  
  
186  
00:07:26,240 --> 00:07:27,520  
这个呃  
  
187  
00:07:28,480 --> 00:07:29,440  
说这么一事  
  
188  
00:07:30,900 --> 00:07:32,020  
服短气  
  
189  
00:07:32,940 --> 00:07:35,740  
有微饮，当从小便去之  
  
190  
00:07:36,460 --> 00:07:38,830  
那么还是这个问题啊，呃  
  
191  
00:07:38,910 --> 00:07:39,790  
短气是什么呀  
  
192  
00:07:40,510 --> 00:07:42,160  
喘不上来啊  
  
193  
00:07:42,160 --> 00:07:44,360  
有隐隐是什么病啊  
  
194  
00:07:45,160 --> 00:07:47,720  
就是这个这个呃，我们讲还是痰饮之症  
  
195  
00:07:48,080 --> 00:07:50,980  
那么在今天的临床上，比如说胸水啊  
  
196  
00:07:51,060 --> 00:07:51,460  
腹水  
  
197  
00:07:52,180 --> 00:07:55,420  
或者是这个呃，弹弦啊  
  
198  
00:07:55,460 --> 00:07:58,040  
那么都算是这里头，呃  
  
199  
00:07:58,160 --> 00:07:59,440  
当从小便趋之  
  
200  
00:07:59,440 --> 00:08:01,480  
那么这时候你肯定要给他一个去路  
  
201  
00:08:01,940 --> 00:08:04,180  
给去路，怎么给两个方法  
  
202  
00:08:04,780 --> 00:08:06,340  
临桂猪肝汤主之  
  
203  
00:08:06,860 --> 00:08:09,100  
肾气丸益主之  
  
204  
00:08:10,740 --> 00:08:10,940  
嗯  
  
205  
00:08:11,460 --> 00:08:12,460  
那么这一说呢  
  
206  
00:08:13,600 --> 00:08:16,240  
就是重复一下之前我们说的一个概念  
  
207  
00:08:16,640 --> 00:08:17,960  
气脉和官窍的概念  
  
208  
00:08:18,120 --> 00:08:20,440  
在这我一讲大家都熟得很  
  
209  
00:08:22,110 --> 00:08:22,630  
伤寒论  
  
210  
00:08:23,750 --> 00:08:27,590  
典型的什么叫异病同治，气脉用法  
  
211  
00:08:27,590 --> 00:08:29,870  
是不是那就是你无论不同的病  
  
212  
00:08:29,910 --> 00:08:31,230  
最后我都走这一条脉  
  
213  
00:08:31,550 --> 00:08:34,230  
都走太阳脉，或者都走少阳啊  
  
214  
00:08:34,230 --> 00:08:36,549  
那么所以就可以不是一个病  
  
215  
00:08:36,669 --> 00:08:39,640  
但是可以是一个缝儿啊，一方治百病啊  
  
216  
00:08:39,640 --> 00:08:42,440  
那么在伤寒论里就是这么玩，金桂就不一样  
  
217  
00:08:42,960 --> 00:08:43,559  
金匮呢  
  
218  
00:08:43,799 --> 00:08:44,960  
同病可以抑制  
  
219  
00:08:45,370 --> 00:08:47,730  
那么就像我们这因为他走的是官窍，对吧  
  
220  
00:08:47,730 --> 00:08:49,290  
那我就论这一关窍的问题  
  
221  
00:08:49,450 --> 00:08:51,730  
那现在就说了，一个有微隐的事  
  
222  
00:08:52,010 --> 00:08:55,560  
那么有微引，我有微引不同的治法  
  
223  
00:08:56,040 --> 00:08:58,080  
那为啥要分不同的制法  
  
224  
00:08:58,160 --> 00:09:01,640  
不是因为仲景先师金匮要略，稿费不够了  
  
225  
00:09:01,920 --> 00:09:03,520  
拿字凑不是那概念  
  
226  
00:09:03,980 --> 00:09:05,220  
那么因为人不一样  
  
227  
00:09:05,460 --> 00:09:06,580  
我们讲这么一个道理  
  
228  
00:09:06,940 --> 00:09:07,900  
同样有痰饮  
  
229  
00:09:07,980 --> 00:09:10,580  
我们说去画这个水眼，去利小便  
  
230  
00:09:10,990 --> 00:09:14,190  
那么有的人啊，身体相对来说比较盛  
  
231  
00:09:14,310 --> 00:09:14,990  
是这样吧  
  
232  
00:09:15,510 --> 00:09:17,910  
那有的人相对相对来说身体就比较虚  
  
233  
00:09:18,440 --> 00:09:20,320  
那么这种情况在临床上经常有啊  
  
234  
00:09:20,720 --> 00:09:21,840  
那有很多时候  
  
235  
00:09:22,160 --> 00:09:24,760  
呃，比如说我印象特别深  
  
236  
00:09:24,760 --> 00:09:26,360  
上周还有一患者，呃  
  
237  
00:09:26,440 --> 00:09:28,160  
带家里人来我这看病  
  
238  
00:09:28,640 --> 00:09:29,660  
诶，呃  
  
239  
00:09:29,660 --> 00:09:31,700  
一开始比较忧心忡忡啊  
  
240  
00:09:31,700 --> 00:09:33,780  
结果看见外头排队的有不少啊  
  
241  
00:09:34,260 --> 00:09:36,660  
跟他家属的这个病差不多  
  
242  
00:09:36,660 --> 00:09:38,230  
而且比他还重啊  
  
243  
00:09:38,230 --> 00:09:39,870  
之后就突然间特别有信心  
  
244  
00:09:39,870 --> 00:09:44,000  
然后问我说我家老人这个病是不是那更好治呢  
  
245  
00:09:44,000 --> 00:09:45,760  
我觉得外头有的比他重多了  
  
246  
00:09:45,760 --> 00:09:46,600  
我说打断  
  
247  
00:09:46,840 --> 00:09:48,650  
我说，非也啊  
  
248  
00:09:48,890 --> 00:09:50,650  
反倒不一定是这么回事  
  
249  
00:09:50,810 --> 00:09:53,050  
为什么人不同我们讲这个道理  
  
250  
00:09:53,330 --> 00:09:55,890  
那么你不能用西医的病种或者病名  
  
251  
00:09:56,190 --> 00:09:58,190  
那么来断定这个病是好治的  
  
252  
00:09:58,190 --> 00:09:58,950  
还是不好治的  
  
253  
00:09:59,390 --> 00:10:02,150  
回过头来说，感冒一样能死人是这道理吧  
  
254  
00:10:02,550 --> 00:10:02,830  
哎  
  
255  
00:10:03,460 --> 00:10:05,100  
那么就是一回事啊  
  
256  
00:10:05,140 --> 00:10:06,340  
感冒一样弄死人  
  
257  
00:10:06,740 --> 00:10:07,940  
那么这里头就是了  
  
258  
00:10:08,300 --> 00:10:11,220  
那你去他的痰饮，有的人啊  
  
259  
00:10:11,540 --> 00:10:14,940  
咱们相对来说是脾虚偏重一点  
  
260  
00:10:15,340 --> 00:10:16,660  
那么也会造成痰饮吧  
  
261  
00:10:16,660 --> 00:10:20,200  
因为我们说归根结底土和水啊  
  
262  
00:10:20,960 --> 00:10:25,310  
那么都会造成痰饮的产生啊  
  
263  
00:10:25,310 --> 00:10:26,510  
跟他都是息息相关的  
  
264  
00:10:26,950 --> 00:10:31,260  
那么当这个人比如说由于肾阳不能气化  
  
265  
00:10:32,140 --> 00:10:34,660  
造成阴水不行，形成痰液  
  
266  
00:10:34,900 --> 00:10:36,140  
那我们就得走肾气汤  
  
267  
00:10:37,930 --> 00:10:41,010  
但是反过来，由于脾阳不能运化  
  
268  
00:10:41,970 --> 00:10:42,690  
不能燥湿  
  
269  
00:10:43,250 --> 00:10:45,450  
那么造成这个人水饮积聚  
  
270  
00:10:45,980 --> 00:10:47,140  
咱们还用肾气汤吗  
  
271  
00:10:47,700 --> 00:10:48,580  
那就不行了吧  
  
272  
00:10:48,780 --> 00:10:49,980  
这时候得用苓桂猪肝  
  
273  
00:10:50,540 --> 00:10:53,140  
因此我们说同样一个官窍  
  
274  
00:10:53,810 --> 00:10:56,930  
那么由于人的这个五脏它不同啊  
  
275  
00:10:57,250 --> 00:10:58,250  
那么状态不同  
  
276  
00:10:58,530 --> 00:11:00,090  
因此说，呃  
  
277  
00:11:01,320 --> 00:11:03,560  
我们用药的用法也不一样啊  
  
278  
00:11:04,480 --> 00:11:05,320  
我有学生呢  
  
279  
00:11:05,320 --> 00:11:06,640  
就曾经想跟我说说  
  
280  
00:11:06,640 --> 00:11:09,650  
老师，你能不能给我编一套程序啊  
  
281  
00:11:09,650 --> 00:11:12,450  
说1233步走还是四步走  
  
282  
00:11:12,850 --> 00:11:14,330  
这人方子我就开出来  
  
283  
00:11:14,330 --> 00:11:15,370  
我说我编不出来  
  
284  
00:11:15,890 --> 00:11:18,700  
为什么我都不知道敌人他怎么出手  
  
285  
00:11:18,700 --> 00:11:20,140  
我能怎么给你编出来吗  
  
286  
00:11:20,140 --> 00:11:20,460  
对吧  
  
287  
00:11:20,820 --> 00:11:23,500  
那我能编出来，那肯定是有问题的啊  
  
288  
00:11:23,500 --> 00:11:25,500  
就像你用套路去实战  
  
289  
00:11:25,660 --> 00:11:26,900  
那那可能吗  
  
290  
00:11:27,660 --> 00:11:27,980  
对吧  
  
291  
00:11:28,020 --> 00:11:29,900  
那你知道敌人是从哪儿来吗  
  
292  
00:11:30,380 --> 00:11:30,580  
啊  
  
293  
00:11:30,700 --> 00:11:31,620  
那这个就是一样  
  
294  
00:11:32,060 --> 00:11:36,410  
那你都知道那武术练武术的武术套路不能用于实战  
  
295  
00:11:36,770 --> 00:11:39,610  
那你为什么学医的时候就想有一个套路呢  
  
296  
00:11:39,610 --> 00:11:39,930  
是吧  
  
297  
00:11:40,290 --> 00:11:42,090  
那我们就从这跳过来  
  
298  
00:11:42,090 --> 00:11:46,850  
因此我们中医有一个非常灵动的东西，就是我们的方啊  
  
299  
00:11:47,130 --> 00:11:48,940  
它是随着病人变的啊  
  
300  
00:11:49,020 --> 00:11:50,740  
方一定是随着病人变的  
  
301  
00:11:52,340 --> 00:11:53,940  
因此这个呢，就在这儿  
  
302  
00:11:54,250 --> 00:11:55,250  
呃，简单说一下  
  
303  
00:11:55,250 --> 00:11:57,370  
当然后世有一些拓展啊  
  
304  
00:11:57,370 --> 00:12:00,170  
还是元代赵翼德先生，他讲了一个事  
  
305  
00:12:00,170 --> 00:12:01,370  
这个我简单说一下  
  
306  
00:12:01,370 --> 00:12:03,000  
大家有一个，呃  
  
307  
00:12:03,760 --> 00:12:04,800  
有一个深入  
  
308  
00:12:05,240 --> 00:12:06,040  
那么他讲呢  
  
309  
00:12:06,040 --> 00:12:09,110  
呼吸那么短气，不就是呼吸上不来吗  
  
310  
00:12:09,670 --> 00:12:12,270  
但是其实你细分呼吸上不来  
  
311  
00:12:12,270 --> 00:12:13,630  
还能分出两个次第  
  
312  
00:12:14,470 --> 00:12:15,350  
第一个次地呢  
  
313  
00:12:15,390 --> 00:12:16,950  
那么就是哈  
  
314  
00:12:16,950 --> 00:12:19,560  
我们说呼哈，第二次第就是吸  
  
315  
00:12:19,760 --> 00:12:20,320  
那为什么  
  
316  
00:12:20,640 --> 00:12:22,240  
因为我们讲呼出什么  
  
317  
00:12:22,560 --> 00:12:23,320  
心俞肺，哎  
  
318  
00:12:23,360 --> 00:12:24,600  
咱们同学都知道了，对吧  
  
319  
00:12:24,800 --> 00:12:26,520  
呼出心与肺，吸入呢  
  
320  
00:12:27,160 --> 00:12:28,400  
肝虚肾没错吧  
  
321  
00:12:28,820 --> 00:12:30,100  
那么它俩是不同的  
  
322  
00:12:30,100 --> 00:12:31,940  
在这那么有有不熟悉的同学  
  
323  
00:12:31,940 --> 00:12:33,380  
我再简单说一下  
  
324  
00:12:33,620 --> 00:12:39,190  
那么我们中医认为呼和吸是上下二焦不同作用的产物  
  
325  
00:12:39,980 --> 00:12:43,100  
那么呼出由于呼主阳，主主动  
  
326  
00:12:43,140 --> 00:12:46,860  
是不是它必须是阳位之脏去完成的事  
  
327  
00:12:46,860 --> 00:12:48,060  
那就是心肺完成  
  
328  
00:12:49,380 --> 00:12:50,340  
那么吸入啊  
  
329  
00:12:51,100 --> 00:12:52,860  
那么它主入对不对啊  
  
330  
00:12:53,260 --> 00:12:54,380  
主入主内  
  
331  
00:12:54,780 --> 00:12:57,900  
因此它是阴脏做的事，就是肝肾做的事  
  
332  
00:12:58,320 --> 00:12:59,760  
因此呼出呼不来了  
  
333  
00:12:59,760 --> 00:13:00,400  
呼不出来了  
  
334  
00:13:00,880 --> 00:13:02,480  
那么是心肺出问题了  
  
335  
00:13:03,630 --> 00:13:05,030  
那么吸入吸不进去呢  
  
336  
00:13:05,310 --> 00:13:05,870  
是肝肾  
  
337  
00:13:06,070 --> 00:13:08,390  
因此赵以德先生啊  
  
338  
00:13:09,110 --> 00:13:11,760  
他非常聪明的考虑到了一个问题  
  
339  
00:13:11,920 --> 00:13:14,960  
他认为林桂猪肝汤所治之饮在阳位  
  
340  
00:13:15,520 --> 00:13:18,560  
所以他的表现是呼不出来  
  
341  
00:13:19,590 --> 00:13:20,550  
这很天才啊  
  
342  
00:13:20,550 --> 00:13:21,950  
而且这个在临床上好用  
  
343  
00:13:22,540 --> 00:13:25,220  
那么第二个，那么如果吸吸不下去  
  
344  
00:13:25,340 --> 00:13:26,300  
那你说我呼吸困难  
  
345  
00:13:26,300 --> 00:13:26,940  
呼吸困难，好  
  
346  
00:13:27,100 --> 00:13:29,060  
那你到底是呼困难还是吸困难  
  
347  
00:13:29,340 --> 00:13:30,820  
这个我们也可以分出来吧  
  
348  
00:13:31,090 --> 00:13:32,690  
那你吸不进去，那怎么办  
  
349  
00:13:32,930 --> 00:13:34,370  
那说明肝肾出毛病了  
  
350  
00:13:34,370 --> 00:13:35,330  
那么引在哪啊  
  
351  
00:13:35,330 --> 00:13:36,770  
引在阴位不在阳位  
  
352  
00:13:37,010 --> 00:13:39,340  
那么这时候用肾气肾气丸  
  
353  
00:13:39,780 --> 00:13:40,300  
当然了  
  
354  
00:13:40,540 --> 00:13:41,140  
赵先生呢  
  
355  
00:13:41,140 --> 00:13:44,390  
又从这个三阴所谓太阴少阴  
  
356  
00:13:44,390 --> 00:13:46,670  
少阴厥阴的角度分析了不同的药对  
  
357  
00:13:46,870 --> 00:13:50,660  
比如说地黄、山萸，它是煮这个少觉二阴的  
  
358  
00:13:51,020 --> 00:13:52,790  
而这个茯苓桂枝呢  
  
359  
00:13:53,030 --> 00:13:54,790  
是走这个太少二阴  
  
360  
00:13:55,190 --> 00:13:59,500  
那么他又进一步的以轻重来分这个层次  
  
361  
00:13:59,500 --> 00:14:02,540  
那么你你在太少，肯定是清记对不对啊  
  
362  
00:14:02,940 --> 00:14:04,980  
你在这个呃少阴厥阴  
  
363  
00:14:05,300 --> 00:14:07,980  
地黄山萸这种滋腻的药，补益的药  
  
364  
00:14:07,980 --> 00:14:09,380  
他肯定是中计啊  
  
365  
00:14:09,580 --> 00:14:11,750  
他又给你分出来了阴阳啊  
  
366  
00:14:11,950 --> 00:14:13,510  
那么在这儿感兴趣的同学呢  
  
367  
00:14:13,510 --> 00:14:16,800  
可以翻一翻古人的这个经典啊  
  
368  
00:14:16,880 --> 00:14:21,550  
元代赵翼德的呃，金桂要略啊  
  
369  
00:14:21,630 --> 00:14:22,870  
他的一个一个注释  
  
370  
00:14:24,310 --> 00:14:25,510  
可以看看啊  
  
371  
00:14:26,790 --> 00:14:31,670  
呃，那么后头这张房是我们这堂课的一个重头戏啊  
  
372  
00:14:32,030 --> 00:14:35,970  
要给大家比较细讲的甘遂半夏汤  
  
373  
00:14:42,640 --> 00:14:43,600  
干碎半夏汤  
  
374  
00:14:46,700 --> 00:14:47,620  
那么这个方呢  
  
375  
00:14:49,500 --> 00:14:49,780  
嗯  
  
376  
00:14:51,720 --> 00:14:54,200  
很多时候我们都不讲，为啥不讲呢  
  
377  
00:14:55,410 --> 00:14:55,610  
啊  
  
378  
00:14:55,650 --> 00:14:56,850  
不是因为这方面不好用  
  
379  
00:14:57,570 --> 00:14:59,410  
是因为它里头涉及到了一个问题啊  
  
380  
00:14:59,890 --> 00:15:01,970  
什么问题，你看它组成你就看出来了  
  
381  
00:15:03,480 --> 00:15:04,920  
有干碎对吧  
  
382  
00:15:05,040 --> 00:15:05,840  
大者三枚  
  
383  
00:15:07,400 --> 00:15:07,600  
哎  
  
384  
00:15:07,840 --> 00:15:09,240  
甘草，呃  
  
385  
00:15:09,440 --> 00:15:10,280  
他要制啊  
  
386  
00:15:10,560 --> 00:15:11,040  
它要质  
  
387  
00:15:11,480 --> 00:15:12,520  
而且是怎么弄呢  
  
388  
00:15:12,960 --> 00:15:14,040  
如纸大一枚  
  
389  
00:15:14,160 --> 00:15:15,800  
他没说，没说多大的甘草  
  
390  
00:15:16,490 --> 00:15:16,690  
呃  
  
391  
00:15:16,770 --> 00:15:19,290  
那么如指大，你就得看是哪个指头对吧  
  
392  
00:15:19,650 --> 00:15:20,530  
那大拇指呢  
  
393  
00:15:20,530 --> 00:15:22,690  
那么我们知道，要这么大这么粗的干草  
  
394  
00:15:22,770 --> 00:15:26,730  
起码它得是10年到30年的野生甘草是吧  
  
395  
00:15:27,170 --> 00:15:28,810  
哎，得得得得是这样的  
  
396  
00:15:29,960 --> 00:15:30,160  
嗯  
  
397  
00:15:30,640 --> 00:15:31,440  
剂量也不小  
  
398  
00:15:32,750 --> 00:15:34,670  
那么这俩碰一块坏了啊  
  
399  
00:15:34,950 --> 00:15:37,470  
这个在我们中医里头犯了一个忌讳  
  
400  
00:15:37,590 --> 00:15:39,070  
哈哈，什么忌讳呢  
  
401  
00:15:39,590 --> 00:15:40,270  
叫，哎  
  
402  
00:15:40,590 --> 00:15:41,930  
18反啊  
  
403  
00:15:41,970 --> 00:15:46,370  
咱们同学都知道，那么早几岁缘俱战草啊  
  
404  
00:15:46,930 --> 00:15:51,150  
那么甘草和甘肃相相战啊  
  
405  
00:15:51,910 --> 00:15:55,250  
那这个所以说就就出现了问题啊  
  
406  
00:15:55,250 --> 00:15:56,610  
那咱们都知道，呃  
  
407  
00:15:56,770 --> 00:15:58,170  
有一个很热门的事件  
  
408  
00:15:58,490 --> 00:16:00,090  
北京有一位医生对吧  
  
409  
00:16:00,560 --> 00:16:01,720  
半夏附子一块开  
  
410  
00:16:01,840 --> 00:16:04,160  
最后处罚了，处罚了多少钱啊  
  
411  
00:16:04,920 --> 00:16:07,820  
呃，那么大家到网上去看啊  
  
412  
00:16:08,860 --> 00:16:11,140  
那么很多医生说，干脆麻辣汤  
  
413  
00:16:11,140 --> 00:16:12,020  
我不是不会开  
  
414  
00:16:12,880 --> 00:16:14,480  
我是罚不起，哈哈  
  
415  
00:16:14,680 --> 00:16:16,120  
咱家里没矿是吧  
  
416  
00:16:16,440 --> 00:16:18,200  
那你这种情况，呃  
  
417  
00:16:19,230 --> 00:16:20,590  
你开的话你怎么开呢  
  
418  
00:16:20,910 --> 00:16:22,390  
但是这个方式特别好用啊  
  
419  
00:16:22,430 --> 00:16:23,070  
特别好用  
  
420  
00:16:23,390 --> 00:16:28,600  
那在这我就还是要先讲一讲这个条文啊  
  
421  
00:16:29,180 --> 00:16:30,140  
那么条文啥意思  
  
422  
00:16:30,300 --> 00:16:32,340  
再给大家讲讲方方的组成是啥  
  
423  
00:16:32,580 --> 00:16:33,060  
第三  
  
424  
00:16:33,500 --> 00:16:37,700  
如果有时间有余力给大伙再次兼论一下  
  
425  
00:16:37,700 --> 00:16:38,620  
18反啊  
  
426  
00:16:38,790 --> 00:16:39,830  
那么既然讲到这了  
  
427  
00:16:39,830 --> 00:16:42,590  
我们就得就得说这个你躲躲不开对吧  
  
428  
00:16:43,020 --> 00:16:45,380  
那既然我说了，我说我讲经纬条文  
  
429  
00:16:45,380 --> 00:16:46,100  
我要一条不落  
  
430  
00:16:46,180 --> 00:16:46,580  
哈哈  
  
431  
00:16:46,620 --> 00:16:48,180  
那咱就得一条不能拉啊  
  
432  
00:16:48,660 --> 00:16:50,380  
而且在这呢，我也说一下  
  
433  
00:16:50,540 --> 00:16:51,820  
干脆半夏汤的原方  
  
434  
00:16:52,060 --> 00:16:54,340  
我在临床上只能说用过啊  
  
435  
00:16:54,380 --> 00:16:55,180  
但是用的不多  
  
436  
00:16:55,670 --> 00:16:58,590  
但这种曲艺和配伍负责任的讲  
  
437  
00:16:58,590 --> 00:17:01,030  
我天天用，啥事没有啊  
  
438  
00:17:01,390 --> 00:17:02,390  
非常安全啊  
  
439  
00:17:02,550 --> 00:17:03,670  
天天都有啊  
  
440  
00:17:03,750 --> 00:17:04,750  
这一点都不奇怪  
  
441  
00:17:06,220 --> 00:17:08,060  
好，那从头捋啊  
  
442  
00:17:09,310 --> 00:17:11,310  
呃病者，首先他怎么着了呢  
  
443  
00:17:12,190 --> 00:17:13,109  
那么卖敷  
  
444  
00:17:14,069 --> 00:17:15,190  
所以这个治啊  
  
445  
00:17:15,750 --> 00:17:18,740  
他治的是一个啥样的人  
  
446  
00:17:19,180 --> 00:17:22,220  
首先这个人你一摸脉夫是啥意思啊  
  
447  
00:17:23,200 --> 00:17:25,119  
古人讲夫叫富藏，是不是啊  
  
448  
00:17:25,560 --> 00:17:26,839  
这夫就是藏起来了  
  
449  
00:17:27,400 --> 00:17:28,880  
那脉怎么能藏起来呢  
  
450  
00:17:29,080 --> 00:17:29,920  
能，哈哈  
  
451  
00:17:30,080 --> 00:17:31,080  
就是一摸呀  
  
452  
00:17:31,650 --> 00:17:33,290  
呃，什么叫浮就非常简单  
  
453  
00:17:33,650 --> 00:17:34,850  
我给你同学们一讲啊  
  
454  
00:17:34,850 --> 00:17:36,250  
你就知道什么叫浮脉了啊  
  
455  
00:17:36,530 --> 00:17:37,450  
这个麦行啊  
  
456  
00:17:37,730 --> 00:17:39,770  
有的时候你不用说说  
  
457  
00:17:39,770 --> 00:17:42,360  
老师说我不能看病，为啥不看病  
  
458  
00:17:42,440 --> 00:17:43,840  
因为我麦还没学完呢  
  
459  
00:17:44,080 --> 00:17:45,120  
不是那回事啊  
  
460  
00:17:45,650 --> 00:17:46,370  
你学不完  
  
461  
00:17:46,370 --> 00:17:48,850  
我告诉你麦是在你用中学的  
  
462  
00:17:49,450 --> 00:17:53,130  
他一定是你一边用你一边逐渐的对它，你才理解  
  
463  
00:17:53,660 --> 00:17:54,980  
那么我告诉你什么叫浮脉  
  
464  
00:17:54,980 --> 00:17:57,100  
我一句话就给你讲明白了啊  
  
465  
00:17:57,260 --> 00:17:59,060  
当然我这个指的是跟成手说啊  
  
466  
00:17:59,060 --> 00:17:59,860  
不是跟新手  
  
467  
00:17:59,980 --> 00:18:03,460  
新手你去一试这个，你自认为墨会了  
  
468  
00:18:03,460 --> 00:18:04,180  
那个不行啊  
  
469  
00:18:04,740 --> 00:18:06,180  
我跟成手说这个问题  
  
470  
00:18:06,220 --> 00:18:06,940  
什么叫浮脉  
  
471  
00:18:07,700 --> 00:18:09,460  
你发没发现有的时候那个人啊  
  
472  
00:18:10,270 --> 00:18:11,030  
你上去摸，诶  
  
473  
00:18:11,030 --> 00:18:11,990  
这人没有麦呢  
  
474  
00:18:12,420 --> 00:18:12,980  
他是不是  
  
475  
00:18:12,980 --> 00:18:16,100  
反观你脑子里，首先咱是一个很成熟的医生啊  
  
476  
00:18:16,260 --> 00:18:17,260  
我说的不是新手  
  
477  
00:18:17,420 --> 00:18:19,540  
那新手可能摸谁都没摸着哈  
  
478  
00:18:19,620 --> 00:18:21,260  
那就是这种这种这种事  
  
479  
00:18:21,520 --> 00:18:21,720  
呃  
  
480  
00:18:21,720 --> 00:18:25,720  
我临床上经常有患者一来我第一次首诊患者的脉  
  
481  
00:18:25,760 --> 00:18:27,540  
我摸的都很细啊  
  
482  
00:18:27,540 --> 00:18:29,540  
都摸半天摸半天的时候吧  
  
483  
00:18:29,980 --> 00:18:30,940  
有的时候患者呢  
  
484  
00:18:30,980 --> 00:18:33,100  
他手诊患者，他对我也不了解啊  
  
485  
00:18:33,100 --> 00:18:35,780  
他就很习惯的总总总这么说是吧  
  
486  
00:18:36,060 --> 00:18:37,660  
学生们他都熟说  
  
487  
00:18:37,660 --> 00:18:39,500  
唉呀，我这个麦是不是不好摸呀  
  
488  
00:18:39,940 --> 00:18:41,180  
哼，对吧  
  
489  
00:18:41,180 --> 00:18:43,460  
这话我们耳朵都听出茧子来了  
  
490  
00:18:43,780 --> 00:18:44,940  
不是不好摸啊  
  
491  
00:18:45,260 --> 00:18:46,260  
但是为什么  
  
492  
00:18:46,260 --> 00:18:48,460  
因为患者自己啊，他自己摸过自己  
  
493  
00:18:48,460 --> 00:18:49,540  
他认为自己摸不着  
  
494  
00:18:50,120 --> 00:18:52,320  
那是因为你也没经过过训练是吧  
  
495  
00:18:52,680 --> 00:18:52,920  
哎  
  
496  
00:18:52,920 --> 00:18:53,800  
没经过训练  
  
497  
00:18:55,080 --> 00:18:56,720  
哪像我们诊室这帮学生们啊  
  
498  
00:18:57,050 --> 00:18:59,410  
那么朝九晚五那一天，他摸多少人啊  
  
499  
00:18:59,410 --> 00:19:01,970  
都查不查不出来，大量的训练啊  
  
500  
00:19:02,010 --> 00:19:03,770  
那这个是一个基础  
  
501  
00:19:04,130 --> 00:19:06,050  
那么经过这基础之后，你再一摸  
  
502  
00:19:06,250 --> 00:19:06,530  
哎  
  
503  
00:19:06,790 --> 00:19:08,150  
你冷不丁发现，诶  
  
504  
00:19:08,150 --> 00:19:09,150  
他是不是反关脉啊  
  
505  
00:19:09,510 --> 00:19:12,150  
或者你认为这人脉是不是有啥问题啊  
  
506  
00:19:12,540 --> 00:19:14,180  
结果仔细的一看  
  
507  
00:19:14,420 --> 00:19:15,140  
看了半天  
  
508  
00:19:15,700 --> 00:19:17,420  
最后发现一个事，儿啊  
  
509  
00:19:17,820 --> 00:19:18,980  
这个人的脉呢  
  
510  
00:19:19,380 --> 00:19:20,990  
他是有的啊  
  
511  
00:19:21,030 --> 00:19:21,710  
不是没有  
  
512  
00:19:22,230 --> 00:19:23,510  
那么这种就叫浮脉  
  
513  
00:19:23,550 --> 00:19:24,110  
啥意思  
  
514  
00:19:24,550 --> 00:19:25,870  
就是脉怎么样啊  
  
515  
00:19:26,450 --> 00:19:27,210  
藏起来了  
  
516  
00:19:27,450 --> 00:19:28,810  
我们讲这个道理，是不是  
  
517  
00:19:28,970 --> 00:19:29,810  
哎，这人脉呢  
  
518  
00:19:29,810 --> 00:19:30,890  
他藏起来了  
  
519  
00:19:32,300 --> 00:19:33,340  
那么这种时候呢  
  
520  
00:19:34,180 --> 00:19:36,740  
呃，奇人欲怎么样呢  
  
521  
00:19:37,180 --> 00:19:39,500  
发现麦藏起来之后，其人欲自立啊  
  
522  
00:19:40,370 --> 00:19:41,650  
自立是什么概念  
  
523  
00:19:42,290 --> 00:19:43,970  
那么我们我认为啊  
  
524  
00:19:44,410 --> 00:19:49,390  
你不用纠结它到底是小便还是大便啊  
  
525  
00:19:49,670 --> 00:19:51,870  
这个时候你完全没有必要纠结这个事  
  
526  
00:19:51,870 --> 00:19:53,150  
儿，呃  
  
527  
00:19:53,390 --> 00:19:54,190  
大小便都行  
  
528  
00:19:54,310 --> 00:19:56,010  
总之是，额  
  
529  
00:19:56,530 --> 00:19:58,170  
那么要去厕所  
  
530  
00:19:58,210 --> 00:20:00,850  
但是从条文和临床来论啊  
  
531  
00:20:00,850 --> 00:20:02,490  
那么肯定是偏于大便啊  
  
532  
00:20:02,530 --> 00:20:05,750  
肯定偏于大便，那么想去厕所想如厕  
  
533  
00:20:07,150 --> 00:20:08,870  
而且呢，呃  
  
534  
00:20:09,960 --> 00:20:11,640  
如厕的还很通透啊  
  
535  
00:20:12,680 --> 00:20:14,920  
但是虽然很通透  
  
536  
00:20:16,000 --> 00:20:18,080  
出现了一个问题，怎么了呢  
  
537  
00:20:18,820 --> 00:20:20,940  
这个就是它的核心五个字  
  
538  
00:20:21,900 --> 00:20:23,980  
心下欲，渐序渐满  
  
539  
00:20:25,520 --> 00:20:26,040  
西夏啊  
  
540  
00:20:26,120 --> 00:20:26,960  
这是什么位置啊  
  
541  
00:20:27,600 --> 00:20:28,720  
这个，呃  
  
542  
00:20:30,030 --> 00:20:33,830  
哎，未晚这个位置续就是依然的意思  
  
543  
00:20:34,790 --> 00:20:37,270  
未晚依然坚指的是什么啊  
  
544  
00:20:37,550 --> 00:20:39,150  
就是我们宋本伤寒论里的应  
  
545  
00:20:40,010 --> 00:20:42,890  
那么到隋代的时候为了避隋文帝的讳  
  
546  
00:20:43,290 --> 00:20:44,650  
那么这个应就改成了坚  
  
547  
00:20:45,130 --> 00:20:47,770  
不是那个说反了坚改成了应  
  
548  
00:20:48,250 --> 00:20:50,370  
所以由此可知，呃  
  
549  
00:20:50,700 --> 00:20:52,860  
咱们这个这个条啊  
  
550  
00:20:53,100 --> 00:20:56,220  
那么他起码应该是保留的隋以前的本子是吧  
  
551  
00:20:56,500 --> 00:20:57,300  
那到隋以后  
  
552  
00:20:57,300 --> 00:20:59,900  
那这是查抄的不彻底啊，是吧  
  
553  
00:21:00,260 --> 00:21:01,740  
发现了皇帝的讳  
  
554  
00:21:02,100 --> 00:21:03,380  
那么这个就是一样啊  
  
555  
00:21:03,380 --> 00:21:03,900  
肩和硬  
  
556  
00:21:04,260 --> 00:21:05,580  
呃，胃腕特别硬  
  
557  
00:21:05,820 --> 00:21:07,060  
一按按不动是吧  
  
558  
00:21:07,220 --> 00:21:09,180  
然后满胀满的那种感觉啊  
  
559  
00:21:09,260 --> 00:21:10,300  
心下续减满  
  
560  
00:21:10,590 --> 00:21:13,630  
那么但这种现象细菌螨它是不是正常的呢  
  
561  
00:21:14,840 --> 00:21:15,720  
绝对不是啊  
  
562  
00:21:15,720 --> 00:21:17,480  
那这个因为我们临床上呃  
  
563  
00:21:17,720 --> 00:21:19,720  
那么大家都很熟悉啊呃  
  
564  
00:21:21,630 --> 00:21:24,430  
比如咱们临床经常用一些食枣之类的是吧  
  
565  
00:21:24,710 --> 00:21:26,510  
这种公竹制药额  
  
566  
00:21:26,910 --> 00:21:28,630  
那么用下去之后  
  
567  
00:21:30,110 --> 00:21:30,790  
说白了啊  
  
568  
00:21:31,630 --> 00:21:33,510  
那么他膝下肯定得软下去  
  
569  
00:21:34,560 --> 00:21:37,560  
咱们一般没有不给石澡堂面子的吧  
  
570  
00:21:37,560 --> 00:21:40,120  
咱们咱们咱，咱们拿它说事啊  
  
571  
00:21:40,480 --> 00:21:41,960  
或者等等有很多方啊  
  
572  
00:21:41,960 --> 00:21:42,920  
非常迅猛的方  
  
573  
00:21:43,200 --> 00:21:44,760  
呃，比如说大贤胸是吧  
  
574  
00:21:45,160 --> 00:21:48,270  
你运回去之后结果心下依然很满  
  
575  
00:21:48,910 --> 00:21:50,310  
那么这个就不正常了  
  
576  
00:21:50,710 --> 00:21:51,910  
这说明啥问题  
  
577  
00:21:52,470 --> 00:21:55,750  
那么仲景先师自解，自己解释了  
  
578  
00:21:56,510 --> 00:21:58,830  
那么这种问题你要注意，他叫什么  
  
579  
00:22:00,150 --> 00:22:01,430  
此为是吧  
  
580  
00:22:01,550 --> 00:22:02,270  
说说这个问题吧  
  
581  
00:22:02,430 --> 00:22:05,250  
此所以然者故也  
  
582  
00:22:06,210 --> 00:22:09,050  
都是他要自己解释了，怎么解释  
  
583  
00:22:09,610 --> 00:22:13,720  
说此为什么柳演欲去  
  
584  
00:22:16,010 --> 00:22:17,850  
呃，我这个断句有点问题啊  
  
585  
00:22:17,850 --> 00:22:20,810  
他问他说此为流隐断，然后欲去故也  
  
586  
00:22:21,080 --> 00:22:22,720  
我认为这个不应该断开  
  
587  
00:22:22,800 --> 00:22:25,000  
他那样的文气就承接不下来了  
  
588  
00:22:25,360 --> 00:22:26,760  
你应该四个字是连着的  
  
589  
00:22:26,760 --> 00:22:29,730  
叫流隐欲去是不是  
  
590  
00:22:30,130 --> 00:22:30,330  
哎  
  
591  
00:22:30,610 --> 00:22:35,930  
什么叫流隐居区就是新夏这有顽固的水眼攻不下去  
  
592  
00:22:36,420 --> 00:22:40,740  
你用常规的攻下的方法是攻不下去的  
  
593  
00:22:42,670 --> 00:22:43,230  
那咋办  
  
594  
00:22:45,030 --> 00:22:45,630  
那咋办  
  
595  
00:22:46,110 --> 00:22:48,490  
干脆半夏汤主之，哎  
  
596  
00:22:48,650 --> 00:22:52,250  
那么我一说这个大家就明白了，就什么意思呢  
  
597  
00:22:52,250 --> 00:22:52,770  
打个比方  
  
598  
00:22:53,050 --> 00:22:54,610  
比如说我们这块有一扇门打不开  
  
599  
00:22:55,090 --> 00:22:56,250  
咱明白这个道理了吧  
  
600  
00:22:56,790 --> 00:22:57,830  
那打不开的时候呢  
  
601  
00:22:58,350 --> 00:23:00,150  
我们通常打打不开门  
  
602  
00:23:00,150 --> 00:23:02,950  
我们就使劲的撞它，就能撞开  
  
603  
00:23:03,430 --> 00:23:04,030  
对不对啊  
  
604  
00:23:04,650 --> 00:23:08,930  
但是这个条纹我们用了夏利之药  
  
605  
00:23:08,970 --> 00:23:12,450  
是不是用了使劲撞的方法还转不开  
  
606  
00:23:13,310 --> 00:23:16,750  
那么这个时候我们就不能那么一根筋了  
  
607  
00:23:17,700 --> 00:23:18,820  
通常得怎么办  
  
608  
00:23:19,420 --> 00:23:21,740  
反向撞一下是不是  
  
609  
00:23:22,380 --> 00:23:24,140  
然后再一撞就开了  
  
610  
00:23:25,580 --> 00:23:27,420  
所以他这里头必须得用一门技术  
  
611  
00:23:28,740 --> 00:23:31,620  
这个方里头必须得用两味相反的药  
  
612  
00:23:33,010 --> 00:23:34,130  
才能把这门打开  
  
613  
00:23:34,130 --> 00:23:35,650  
我说到这，大家明白了吗  
  
614  
00:23:36,850 --> 00:23:37,170  
对吧  
  
615  
00:23:37,330 --> 00:23:38,410  
我再次捋一遍啊  
  
616  
00:23:38,410 --> 00:23:39,810  
怕大家有人没没听清楚  
  
617  
00:23:40,010 --> 00:23:40,930  
我再次捋一遍  
  
618  
00:23:41,840 --> 00:23:43,600  
通常用了夏利制药之后  
  
619  
00:23:43,600 --> 00:23:45,600  
这个心下的肩膀就应该干掉  
  
620  
00:23:46,070 --> 00:23:50,670  
但现在用了夏利的方法或者已经产生了夏利的事，他没下去  
  
621  
00:23:50,910 --> 00:23:51,830  
没下去之后  
  
622  
00:23:52,540 --> 00:23:55,340  
咱们就不能单一的再用一个攻下的方法  
  
623  
00:23:55,500 --> 00:23:59,980  
咱们要用一个跟他相反的东西进来之后就像我们推门  
  
624  
00:24:00,380 --> 00:24:01,100  
往回一拽  
  
625  
00:24:01,260 --> 00:24:03,180  
再往外一开就开了  
  
626  
00:24:03,960 --> 00:24:05,240  
因此是不是反呢  
  
627  
00:24:05,680 --> 00:24:06,200  
就是反  
  
628  
00:24:07,280 --> 00:24:09,280  
那么是不是反就不能用呢  
  
629  
00:24:09,900 --> 00:24:10,860  
那不是是吧  
  
630  
00:24:11,220 --> 00:24:12,300  
我讲这个道理啊  
  
631  
00:24:12,500 --> 00:24:13,700  
不是反就不能用  
  
632  
00:24:14,060 --> 00:24:16,060  
世间的万物本无好和坏  
  
633  
00:24:17,280 --> 00:24:18,240  
本无善和恶  
  
634  
00:24:18,640 --> 00:24:23,080  
那么只是看他的出发点和他所在的位置和造成的结果  
  
635  
00:24:23,520 --> 00:24:25,400  
才有了好坏和善恶之分  
  
636  
00:24:26,090 --> 00:24:26,450  
对吧  
  
637  
00:24:26,690 --> 00:24:31,130  
所以我们不能单从一个东西的轨迹和它的方向来论  
  
638  
00:24:31,170 --> 00:24:32,210  
他的对与否  
  
639  
00:24:32,250 --> 00:24:35,830  
或者是呃，能或者不能啊  
  
640  
00:24:35,870 --> 00:24:37,150  
就讲就讲这个问题  
  
641  
00:24:38,150 --> 00:24:40,350  
因此说这个干脆半夏汤  
  
642  
00:24:40,550 --> 00:24:44,910  
他这里头的这个甘草甘遂相战之意  
  
643  
00:24:45,470 --> 00:24:47,470  
它就是从这来的  
  
644  
00:24:47,970 --> 00:24:48,170  
呃  
  
645  
00:24:48,210 --> 00:24:52,290  
那么只有这个方法才能把这个流隐欲去这个问题啊  
  
646  
00:24:52,450 --> 00:24:53,410  
把它解决啊  
  
647  
00:24:53,410 --> 00:24:57,770  
就是把他那个要往外走的那个那个引把他干掉  
  
648  
00:24:59,010 --> 00:25:00,330  
那么我们捋一下啊  
  
649  
00:25:00,770 --> 00:25:02,850  
四个要非常简单啊  
  
650  
00:25:03,930 --> 00:25:04,210  
呃  
  
651  
00:25:05,870 --> 00:25:06,990  
干碎半夏  
  
652  
00:25:07,550 --> 00:25:09,830  
那么干脆半夏汤，干脆半夏汤嘛  
  
653  
00:25:09,830 --> 00:25:10,110  
对吧  
  
654  
00:25:10,390 --> 00:25:13,910  
那肯定这两个是主要是加一个芍甘草  
  
655  
00:25:13,910 --> 00:25:15,390  
那么这个方法特别简单啊  
  
656  
00:25:15,390 --> 00:25:17,350  
我讲一次大家就会了  
  
657  
00:25:17,630 --> 00:25:18,790  
那么当然这里头呢  
  
658  
00:25:18,830 --> 00:25:22,820  
其实呃，还得有一个隐性的药在里头  
  
659  
00:25:22,820 --> 00:25:24,020  
就是白蜜啊  
  
660  
00:25:24,020 --> 00:25:25,140  
这个一会儿给大家说  
  
661  
00:25:25,620 --> 00:25:28,820  
那么它里头四味草药啊  
  
662  
00:25:29,750 --> 00:25:30,950  
干脆半夏干什么  
  
663  
00:25:31,190 --> 00:25:32,190  
这个特别简单  
  
664  
00:25:32,230 --> 00:25:38,610  
我们说半夏本身专门能治心下的这个逆满呐  
  
665  
00:25:39,130 --> 00:25:41,490  
或者是新下的痰饮啊  
  
666  
00:25:42,290 --> 00:25:42,770  
痞满  
  
667  
00:25:43,290 --> 00:25:44,690  
那么这个我我早就讲过  
  
668  
00:25:44,690 --> 00:25:46,810  
我说人的胃脘是人的中央  
  
669  
00:25:46,890 --> 00:25:50,770  
是不是半夏叫当下生当下半的意思啊  
  
670  
00:25:51,010 --> 00:25:53,550  
他正好是在夏日最隆盛的时候  
  
671  
00:25:53,550 --> 00:25:56,350  
那就是一年一半，那那那那么那么一个时候  
  
672  
00:25:56,550 --> 00:25:59,150  
因此它的位置就在，就在未晚啊  
  
673  
00:25:59,230 --> 00:26:01,030  
那么我们很多方，呃  
  
674  
00:26:01,110 --> 00:26:02,910  
未来的小半夏汤啊，等等啊  
  
675  
00:26:02,910 --> 00:26:04,470  
那么它都可以落到这个位置  
  
676  
00:26:05,110 --> 00:26:06,430  
半夏泻心汤等啊  
  
677  
00:26:08,050 --> 00:26:08,250  
呃  
  
678  
00:26:08,530 --> 00:26:10,730  
就在这，在这之后呢  
  
679  
00:26:11,210 --> 00:26:11,890  
加上甘肃  
  
680  
00:26:11,930 --> 00:26:13,490  
甘肃本身是公鸡制药  
  
681  
00:26:13,770 --> 00:26:15,290  
其味最苦啊  
  
682  
00:26:15,780 --> 00:26:19,780  
那么这里头你看一个腥味儿的，开伞的半夏  
  
683  
00:26:20,020 --> 00:26:24,540  
开节的半夏加一个苦味的公鸡的，干脆  
  
684  
00:26:25,120 --> 00:26:30,200  
那么就形成了一个我们伤寒论中常用的特有组合方式  
  
685  
00:26:30,600 --> 00:26:31,400  
叫什么呢  
  
686  
00:26:32,020 --> 00:26:32,380  
哎  
  
687  
00:26:32,540 --> 00:26:32,980  
很好  
  
688  
00:26:33,220 --> 00:26:38,220  
咱们有同学都联想到了四个字叫什么新开苦将  
  
689  
00:26:38,620 --> 00:26:41,580  
那么这个手法现在已经不是第一次看见了吧  
  
690  
00:26:41,900 --> 00:26:42,100  
哎  
  
691  
00:26:42,140 --> 00:26:45,100  
在之前半夏泻心里头，咱们就有啊  
  
692  
00:26:45,220 --> 00:26:46,660  
这个辛开苦降之法  
  
693  
00:26:47,660 --> 00:26:49,500  
那么他辛开苦降之后呢  
  
694  
00:26:50,690 --> 00:26:51,490  
重头戏来了  
  
695  
00:26:51,650 --> 00:26:52,050  
哈哈  
  
696  
00:26:52,330 --> 00:26:55,260  
这里头要有一个芍药甘草汤  
  
697  
00:26:55,820 --> 00:26:57,180  
那为什么用芍药甘草啊  
  
698  
00:26:57,780 --> 00:26:59,340  
那么我认为非常的简单  
  
699  
00:26:59,900 --> 00:27:00,980  
芍药味酸  
  
700  
00:27:02,510 --> 00:27:03,230  
甘草呢  
  
701  
00:27:03,310 --> 00:27:05,830  
味甘，那么我们讲啊  
  
702  
00:27:07,070 --> 00:27:10,350  
酸甘化阴是它的一个面  
  
703  
00:27:10,830 --> 00:27:11,670  
它还有一个面  
  
704  
00:27:12,150 --> 00:27:14,470  
那么芍药为酸为甲木是不是啊  
  
705  
00:27:15,190 --> 00:27:16,430  
甘草为甘为己土  
  
706  
00:27:16,590 --> 00:27:17,590  
甲己能化什么  
  
707  
00:27:18,950 --> 00:27:20,940  
甲己化土是吧  
  
708  
00:27:21,460 --> 00:27:21,660  
哎  
  
709  
00:27:21,660 --> 00:27:25,540  
从五行的化合上来说，甲和己能化土啊  
  
710  
00:27:25,940 --> 00:27:28,260  
那么甲己化土他就定位就定在哪了  
  
711  
00:27:28,820 --> 00:27:31,940  
就定在西夏，那么哪的问题啊  
  
712  
00:27:31,940 --> 00:27:32,900  
西夏的问题是吧  
  
713  
00:27:33,260 --> 00:27:33,460  
哎  
  
714  
00:27:33,500 --> 00:27:34,460  
心下有留隐  
  
715  
00:27:35,930 --> 00:27:38,610  
那么呃，把它定在这  
  
716  
00:27:39,340 --> 00:27:40,860  
那么这是他第二个维度啊  
  
717  
00:27:40,860 --> 00:27:43,180  
第一个维度是甘肃半夏的辛开苦降  
  
718  
00:27:43,260 --> 00:27:45,300  
第二个维度少有甘草加激化毒  
  
719  
00:27:45,500 --> 00:27:48,140  
第三个维度就是甘草和干脆配合  
  
720  
00:27:48,390 --> 00:27:51,710  
就是我刚才讲的把门往回一拽再一推啊  
  
721  
00:27:51,870 --> 00:27:54,390  
那么这时候就能把不去之流隐把它拿掉  
  
722  
00:27:54,700 --> 00:27:56,300  
那包括我们坐车也是  
  
723  
00:27:56,700 --> 00:27:58,620  
我们正常坐车，车一直往前开  
  
724  
00:27:59,470 --> 00:28:01,710  
你是坐的非常稳的，怕什么呀  
  
725  
00:28:02,310 --> 00:28:04,070  
往前开着开着开着开着怎么办啊  
  
726  
00:28:04,430 --> 00:28:07,680  
突然一脚急刹车，那么人能直接射出去  
  
727  
00:28:07,680 --> 00:28:09,400  
我们讲这道理是不是一个道理  
  
728  
00:28:09,400 --> 00:28:10,960  
所以要有一种东西叫安全带  
  
729  
00:28:11,440 --> 00:28:12,600  
没错吧，诶  
  
730  
00:28:12,760 --> 00:28:14,000  
他也得往回拽着你  
  
731  
00:28:14,000 --> 00:28:15,280  
有安全带往回拽着你  
  
732  
00:28:15,520 --> 00:28:17,670  
那么这时候你一个急刹车就没事了  
  
733  
00:28:17,790 --> 00:28:19,430  
那么这个不都是中医的道理吗  
  
734  
00:28:19,430 --> 00:28:20,470  
其实都是阴阳嘛  
  
735  
00:28:20,990 --> 00:28:21,790  
都一回事  
  
736  
00:28:22,670 --> 00:28:24,350  
呃，那么所以古人呢  
  
737  
00:28:25,790 --> 00:28:26,070  
呃  
  
738  
00:28:27,180 --> 00:28:32,320  
还是这个叶天是仙师的师傅  
  
739  
00:28:32,960 --> 00:28:34,200  
王进三公啊  
  
740  
00:28:34,720 --> 00:28:39,080  
那么王子街他讲的这句话我觉得非常精道  
  
741  
00:28:39,760 --> 00:28:42,080  
他就说了一句话，我希望大家能把它记住  
  
742  
00:28:42,120 --> 00:28:42,720  
叫什么呢  
  
743  
00:28:43,080 --> 00:28:45,040  
反者反者是啥意思呢  
  
744  
00:28:46,460 --> 00:28:49,180  
此欲下而彼欲上也  
  
745  
00:28:51,190 --> 00:28:52,870  
重复一遍，反者什么  
  
746  
00:28:53,630 --> 00:28:57,950  
此欲下而比喻上完事了  
  
747  
00:28:58,430 --> 00:29:01,390  
那么所以他没说反是不能用的，是不是这个道理  
  
748  
00:29:01,790 --> 00:29:03,350  
那么这个反存不存在呢  
  
749  
00:29:03,750 --> 00:29:04,630  
客观存在  
  
750  
00:29:05,070 --> 00:29:05,950  
因此到现在呢  
  
751  
00:29:05,950 --> 00:29:07,190  
我要讲一个问题啊  
  
752  
00:29:07,190 --> 00:29:09,150  
那么当然一家之言啊  
  
753  
00:29:09,510 --> 00:29:11,190  
那么当然我说完之后  
  
754  
00:29:12,090 --> 00:29:15,250  
它不代表任何的法律依据啊  
  
755  
00:29:15,450 --> 00:29:16,570  
你也别拿我这个  
  
756  
00:29:16,570 --> 00:29:17,490  
最后，呃  
  
757  
00:29:17,490 --> 00:29:20,930  
用完之后你回头说说我听张驰老师说的啊  
  
758  
00:29:20,930 --> 00:29:23,560  
然后我就用18反，最后出事了啊  
  
759  
00:29:23,640 --> 00:29:26,240  
罚款了，或者是负刑事责任了啊  
  
760  
00:29:26,680 --> 00:29:28,080  
然后你你来找我  
  
761  
00:29:28,200 --> 00:29:30,070  
我在这儿免谈啊  
  
762  
00:29:30,510 --> 00:29:32,030  
我在此声明，啊哈  
  
763  
00:29:32,260 --> 00:29:33,900  
我这个没有任何法律效力  
  
764  
00:29:33,940 --> 00:29:35,260  
只是从学术层面  
  
765  
00:29:35,660 --> 00:29:37,860  
作为一个这个伤寒学者啊  
  
766  
00:29:37,860 --> 00:29:40,380  
我做的一个呃学术讨论  
  
767  
00:29:40,380 --> 00:29:43,380  
哈哈，在这我不是鼓励你用18反  
  
768  
00:29:43,380 --> 00:29:45,020  
或者我告诉你用18反他  
  
769  
00:29:45,420 --> 00:29:47,100  
他他就就就就没错啊  
  
770  
00:29:47,100 --> 00:29:48,660  
我这个没有任何法律效力  
  
771  
00:29:49,060 --> 00:29:50,420  
我只从学术论学术  
  
772  
00:29:50,780 --> 00:29:51,660  
那么这是什么  
  
773  
00:29:51,780 --> 00:29:55,250  
我们讲18反是客观存在的，对不对啊  
  
774  
00:29:55,570 --> 00:29:56,250  
他就是  
  
775  
00:29:56,530 --> 00:30:02,480  
而且18反的原理用王进三先生这句话就非常的明确  
  
776  
00:30:02,800 --> 00:30:05,840  
就是什么此和彼就是两位相反的药吧  
  
777  
00:30:06,680 --> 00:30:08,410  
此欲下  
  
778  
00:30:08,570 --> 00:30:13,690  
而比于上代表这两味相反的药的作用方向怎么样啊  
  
779  
00:30:14,300 --> 00:30:16,020  
相反，那就这么简单  
  
780  
00:30:16,460 --> 00:30:19,380  
那你看18反里头其他药是不是也都是这个道理  
  
781  
00:30:21,230 --> 00:30:21,670  
对不对  
  
782  
00:30:22,030 --> 00:30:22,230  
哎  
  
783  
00:30:22,310 --> 00:30:24,230  
那都是类似的道理啊  
  
784  
00:30:24,750 --> 00:30:29,430  
那么从这个角度那我没说相反就不能一起用啊  
  
785  
00:30:30,040 --> 00:30:32,000  
就包括我们之前说的半夏和附子  
  
786  
00:30:32,200 --> 00:30:33,520  
再说半夏，附子又不相反  
  
787  
00:30:33,520 --> 00:30:34,400  
他是冤了啊  
  
788  
00:30:34,680 --> 00:30:36,480  
那个半夏反的是乌头哈  
  
789  
00:30:37,000 --> 00:30:38,000  
半夏反的是乌头  
  
790  
00:30:39,660 --> 00:30:39,900  
呃  
  
791  
00:30:41,020 --> 00:30:42,500  
那么这个方向不同  
  
792  
00:30:42,500 --> 00:30:45,020  
我们说父子是向上半下是向下的  
  
793  
00:30:45,020 --> 00:30:45,900  
那不也是一样  
  
794  
00:30:45,940 --> 00:30:48,180  
跟跟跟这个道理一样  
  
795  
00:30:48,380 --> 00:30:51,260  
干脆向下郡下甘草呢  
  
796  
00:30:51,420 --> 00:30:51,860  
甘缓  
  
797  
00:30:52,980 --> 00:30:54,620  
那么只有这样啊  
  
798  
00:30:55,570 --> 00:30:57,530  
那么用王先生的话  
  
799  
00:30:57,530 --> 00:30:59,530  
那么这里头是不是还藏着一个白蜜呢  
  
800  
00:31:00,130 --> 00:31:01,890  
那么甘草和什么啊  
  
801  
00:31:02,410 --> 00:31:04,670  
与那个那个白密  
  
802  
00:31:05,730 --> 00:31:07,330  
这两味药都是肝缓的吧  
  
803  
00:31:07,690 --> 00:31:08,930  
与谁相反呢  
  
804  
00:31:09,170 --> 00:31:09,770  
与肝碎  
  
805  
00:31:10,050 --> 00:31:14,410  
而且用王先生的话叫叫大相反哈  
  
806  
00:31:14,860 --> 00:31:15,540  
大相反  
  
807  
00:31:15,860 --> 00:31:17,380  
它不但相反，而且是大相反  
  
808  
00:31:18,380 --> 00:31:21,100  
那么叫积而行之啊  
  
809  
00:31:22,510 --> 00:31:23,590  
去流浊之根  
  
810  
00:31:24,310 --> 00:31:27,350  
那么这个这种对撞产生的爆炸力  
  
811  
00:31:28,510 --> 00:31:32,630  
那么才能把中焦这个顽固的流浊的病根  
  
812  
00:31:32,950 --> 00:31:34,910  
怎么样一下把他撼动  
  
813  
00:31:35,350 --> 00:31:36,630  
再把它划掉啊  
  
814  
00:31:36,910 --> 00:31:37,750  
那么这就是它  
  
815  
00:31:38,350 --> 00:31:40,950  
呃，非常巧妙的一个用法  
  
816  
00:31:41,860 --> 00:31:43,860  
那么说这个方呢  
  
817  
00:31:44,060 --> 00:31:47,050  
在临床上由于我也有顾忌啊  
  
818  
00:31:47,050 --> 00:31:48,170  
我不是没有顾忌的  
  
819  
00:31:48,730 --> 00:31:48,970  
呃  
  
820  
00:31:49,330 --> 00:31:51,930  
你看我，我用那个半夏附子用的多  
  
821  
00:31:51,970 --> 00:31:54,210  
那是因为一是绕不开，第二呢  
  
822  
00:31:55,500 --> 00:31:57,500  
那么我有个依据  
  
823  
00:31:57,980 --> 00:31:59,380  
当然这依据很苍白啊  
  
824  
00:31:59,380 --> 00:32:02,060  
就是我认为父子不是无头啊  
  
825  
00:32:02,100 --> 00:32:04,500  
所以他他他不相反，呃  
  
826  
00:32:05,570 --> 00:32:06,250  
也没事  
  
827  
00:32:07,670 --> 00:32:07,870  
嗯  
  
828  
00:32:07,870 --> 00:32:09,790  
而且我用之前我都跟患者说啊  
  
829  
00:32:10,270 --> 00:32:11,950  
我都让患者有知情权  
  
830  
00:32:11,990 --> 00:32:13,670  
我说这个18反啊  
  
831  
00:32:14,150 --> 00:32:15,430  
我给你开了啊  
  
832  
00:32:16,120 --> 00:32:18,000  
没有问题啊  
  
833  
00:32:19,050 --> 00:32:20,610  
患者也都宅心仁厚啊  
  
834  
00:32:20,930 --> 00:32:22,250  
手下留情，哈哈  
  
835  
00:32:22,370 --> 00:32:23,250  
讲这个道理  
  
836  
00:32:24,670 --> 00:32:26,390  
那么这个干脆半夏啊  
  
837  
00:32:26,390 --> 00:32:27,470  
不干脆甘草啊  
  
838  
00:32:28,870 --> 00:32:30,950  
咱们在用的时候就留心眼  
  
839  
00:32:31,030 --> 00:32:34,180  
我一般反正是有巧妙的用法  
  
840  
00:32:34,180 --> 00:32:35,380  
但我不告诉你啊  
  
841  
00:32:35,740 --> 00:32:37,220  
我不告诉你，呃  
  
842  
00:32:37,300 --> 00:32:38,500  
为了避免麻烦啊  
  
843  
00:32:38,700 --> 00:32:39,380  
请见谅  
  
844  
00:32:39,500 --> 00:32:42,530  
因为我也呃，守家待业的啊  
  
845  
00:32:42,570 --> 00:32:45,130  
咱们也不容易，也是普通人啊  
  
846  
00:32:45,210 --> 00:32:47,490  
但是我在这要说一个很有意思的事啊  
  
847  
00:32:48,050 --> 00:32:48,570  
我们在  
  
848  
00:32:50,900 --> 00:32:55,500  
以前的时候有一部著作啊叫雷公炮制论啊  
  
849  
00:32:55,860 --> 00:32:57,820  
成于雷啸先生，对吧  
  
850  
00:32:58,470 --> 00:33:03,470  
那么这里头诞生了我们大量的中药炮制理论的根基啊  
  
851  
00:33:03,510 --> 00:33:05,230  
和很多约定俗成的用法  
  
852  
00:33:05,630 --> 00:33:09,890  
这个里头你们猜古人在炮制干碎的时候用啥制  
  
853  
00:33:10,970 --> 00:33:16,690  
一般人都猜不到用甘草甘草汤和小奇尼自然之  
  
854  
00:33:17,050 --> 00:33:19,210  
那么这两个东西啊，呃  
  
855  
00:33:20,910 --> 00:33:21,230  
炮制  
  
856  
00:33:21,630 --> 00:33:23,670  
那么我们讲奇尼是啥  
  
857  
00:33:23,670 --> 00:33:24,830  
就是假人参嘛，是吧  
  
858  
00:33:24,910 --> 00:33:27,870  
那我们很多时候用人参制假用奇泥制啊  
  
859  
00:33:28,430 --> 00:33:31,130  
呃，他居然有的时候卖的卖的都很贵  
  
860  
00:33:31,250 --> 00:33:34,100  
所以说中药现在有的也有乱象啊  
  
861  
00:33:34,460 --> 00:33:35,220  
存在这个问题  
  
862  
00:33:35,220 --> 00:33:36,780  
其实你长得真是挺像人参的  
  
863  
00:33:36,900 --> 00:33:38,100  
而且品相还特别好  
  
864  
00:33:38,580 --> 00:33:42,020  
长得特别特特别会长啊这么一个东西  
  
865  
00:33:42,460 --> 00:33:42,660  
呃  
  
866  
00:33:43,020 --> 00:33:46,100  
甘草汤那就是用生甘草，生甘草炙甘碎  
  
867  
00:33:46,380 --> 00:33:48,020  
那么在这我不加评论  
  
868  
00:33:48,280 --> 00:33:50,360  
我只是把这个现象呢点给大家  
  
869  
00:33:50,720 --> 00:33:51,840  
那么我们来反思  
  
870  
00:33:52,350 --> 00:33:55,750  
我们有的时候很多法规和规矩  
  
871  
00:33:56,110 --> 00:34:00,400  
其实是为了更好的约束和规范我们的用药  
  
872  
00:34:00,840 --> 00:34:01,760  
但有的时候呢  
  
873  
00:34:02,080 --> 00:34:03,880  
很多东西的出处，我觉得啊  
  
874  
00:34:04,080 --> 00:34:07,320  
还是需要更进一步的论证啊  
  
875  
00:34:07,640 --> 00:34:10,719  
咱们才能更好的为人民服务嘛  
  
876  
00:34:10,760 --> 00:34:11,760  
咱们讲这个道理啊  
  
877  
00:34:11,760 --> 00:34:13,880  
解决问题，我们终究一乃人事  
  
878  
00:34:13,880 --> 00:34:14,920  
我们是为解决问题  
  
879  
00:34:15,380 --> 00:34:17,420  
那不要让很多好的医生啊  
  
880  
00:34:17,460 --> 00:34:20,480  
最后咱们讲做无米之炊啊  
  
881  
00:34:20,520 --> 00:34:21,920  
那么这个明明看见了  
  
882  
00:34:22,239 --> 00:34:23,600  
这个高地在这呢啊  
  
883  
00:34:24,040 --> 00:34:25,400  
就是不让你这么开炮  
  
884  
00:34:25,520 --> 00:34:27,560  
那你说说这么开炮不规范  
  
885  
00:34:28,080 --> 00:34:29,199  
那么这急死人呢  
  
886  
00:34:29,199 --> 00:34:30,000  
我跟你讲啊  
  
887  
00:34:30,400 --> 00:34:32,000  
那么这个方是一个特别好的方法  
  
888  
00:34:32,320 --> 00:34:33,800  
它在临床上能治什么  
  
889  
00:34:33,800 --> 00:34:35,400  
那用用的地方多了  
  
890  
00:34:36,389 --> 00:34:39,179  
你想想西夏这位置啊，在这  
  
891  
00:34:39,420 --> 00:34:43,139  
那么这个位置他就是你怎么攻下他都他都很硬满  
  
892  
00:34:43,659 --> 00:34:46,060  
那像不像今天的肝硬化腹水啊  
  
893  
00:34:47,020 --> 00:34:49,380  
是不是那就在这个位置那么隐身  
  
894  
00:34:49,940 --> 00:34:52,179  
我们可以用于比如说肝癌啊  
  
895  
00:34:53,020 --> 00:34:56,699  
或者是这种肝纤维化它的一些实质性的改变啊  
  
896  
00:34:56,699 --> 00:34:58,340  
或者是是胰腺的问题  
  
897  
00:34:58,700 --> 00:34:58,940  
呃  
  
898  
00:34:58,980 --> 00:35:01,890  
那么造成的水饮用甘遂半夏  
  
899  
00:35:02,530 --> 00:35:06,170  
这个思路完全都可以辛开苦降加急化土  
  
900  
00:35:06,800 --> 00:35:10,480  
那么干碎和甘草相反，相机而用  
  
901  
00:35:11,200 --> 00:35:14,480  
这时候只有相机而用他才能把它打下去啊  
  
902  
00:35:14,880 --> 00:35:15,720  
非常好  
  
903  
00:35:18,000 --> 00:35:21,480  
额，那么后头这个方呢  
  
904  
00:35:21,640 --> 00:35:25,870  
食枣汤后头两张方都比较简单了  
  
905  
00:35:25,870 --> 00:35:29,230  
那在这就呃一点而过  
  
906  
00:35:30,440 --> 00:35:32,040  
食草汤它治的是啥呢  
  
907  
00:35:32,320 --> 00:35:33,760  
咱们看先说脉证啊  
  
908  
00:35:40,120 --> 00:35:42,240  
脉浮而细滑上瘾啊  
  
909  
00:35:42,240 --> 00:35:44,000  
那么这是典型的一个饮商之下  
  
910  
00:35:44,790 --> 00:35:45,910  
细滑是脾虚了  
  
911  
00:35:46,310 --> 00:35:47,630  
就这么简单，浮呢  
  
912  
00:35:47,630 --> 00:35:49,070  
代表有邪啊  
  
913  
00:35:51,190 --> 00:35:51,830  
麦贤硕  
  
914  
00:35:52,960 --> 00:35:54,360  
有寒饮啊  
  
915  
00:35:55,000 --> 00:35:57,240  
有寒饮一定是有咸相  
  
916  
00:35:58,240 --> 00:35:59,800  
呃，冬下南  
  
917  
00:36:01,690 --> 00:36:02,570  
那么这种时候呢  
  
918  
00:36:02,730 --> 00:36:04,450  
冬夏两季，呃  
  
919  
00:36:05,570 --> 00:36:06,130  
气温啊  
  
920  
00:36:06,770 --> 00:36:11,520  
比较这个偏冷偏寒偏热的时候啊  
  
921  
00:36:12,840 --> 00:36:14,680  
这个这个患者呢  
  
922  
00:36:14,840 --> 00:36:15,600  
难治啊  
  
923  
00:36:18,700 --> 00:36:20,900  
呃，脉沉而贤者  
  
924  
00:36:22,480 --> 00:36:25,320  
玄隐内通，那么还是一个隐脉嘛  
  
925  
00:36:25,320 --> 00:36:27,620  
陈贤脉陈主礼啊，弦  
  
926  
00:36:27,780 --> 00:36:29,420  
咱们上次说了，单弦为音  
  
927  
00:36:29,820 --> 00:36:31,740  
尤其常见于右手啊  
  
928  
00:36:32,860 --> 00:36:33,900  
呃，常见于右脉  
  
929  
00:36:34,260 --> 00:36:35,980  
那么病显隐怎么办  
  
930  
00:36:37,540 --> 00:36:38,020  
湿燥汤  
  
931  
00:36:38,180 --> 00:36:42,820  
那么这个玄隐，其实你你你基本上在临床上就很好镇甄别  
  
932  
00:36:42,820 --> 00:36:45,540  
是不是上次咱们说过饮邪下痛啊  
  
933  
00:36:46,290 --> 00:36:48,570  
短气这种状态  
  
934  
00:36:49,900 --> 00:36:50,820  
呃十枣汤  
  
935  
00:36:52,200 --> 00:36:53,240  
圆滑，干碎大戟  
  
936  
00:36:53,800 --> 00:36:56,650  
三味药各等份额啊  
  
937  
00:36:56,810 --> 00:36:58,490  
这里头有两个说法啊  
  
938  
00:36:58,490 --> 00:37:00,290  
一个认为是重量相等  
  
939  
00:37:00,570 --> 00:37:02,370  
一个认为是体积相等啊  
  
940  
00:37:04,300 --> 00:37:04,500  
呃  
  
941  
00:37:05,580 --> 00:37:07,620  
然后有人认为说体积相等呢  
  
942  
00:37:08,930 --> 00:37:10,850  
比重量相等效果好  
  
943  
00:37:11,210 --> 00:37:14,610  
但在这我因为我成天用这个  
  
944  
00:37:15,170 --> 00:37:17,010  
成天用，呃  
  
945  
00:37:18,250 --> 00:37:20,410  
那么所以跟大家也实话实说  
  
946  
00:37:20,970 --> 00:37:22,010  
据我经验啊  
  
947  
00:37:22,970 --> 00:37:25,650  
呃，那这个我经验相对来说还比较丰富啊  
  
948  
00:37:25,650 --> 00:37:28,570  
因为这个基基本上每天我都不是用一个啊  
  
949  
00:37:28,770 --> 00:37:30,210  
大量的用呃  
  
950  
00:37:32,380 --> 00:37:36,060  
实话实说，这不在于它等份还是等量  
  
951  
00:37:36,500 --> 00:37:39,280  
这在于你用的量大小，效果不好  
  
952  
00:37:39,600 --> 00:37:40,880  
量没到明白了吧  
  
953  
00:37:41,200 --> 00:37:42,800  
量到了效果一定好啊  
  
954  
00:37:43,190 --> 00:37:44,750  
就就就这么一个简单问题  
  
955  
00:37:44,750 --> 00:37:46,390  
因为这都是虎狼药是吧  
  
956  
00:37:46,790 --> 00:37:50,820  
哎，这个不用纠结他的细节之后怎么办呢  
  
957  
00:37:50,820 --> 00:37:54,570  
把他那个捉这个，这个先煮枣啊  
  
958  
00:37:54,690 --> 00:37:56,970  
煮十个枣，煮十个枣之后呢  
  
959  
00:37:57,690 --> 00:37:58,490  
枣煮得了  
  
960  
00:37:58,530 --> 00:37:59,290  
把枣去掉  
  
961  
00:38:01,240 --> 00:38:03,920  
药沫冲进去给人喝下去啊  
  
962  
00:38:04,120 --> 00:38:04,880  
就这么简单  
  
963  
00:38:05,550 --> 00:38:05,750  
呃  
  
964  
00:38:06,230 --> 00:38:09,950  
古人的推荐用量强人服一钱币  
  
965  
00:38:10,390 --> 00:38:12,550  
那么密钱币大约就是三到5克嘛  
  
966  
00:38:12,830 --> 00:38:13,310  
没错吧  
  
967  
00:38:13,310 --> 00:38:15,390  
一方寸币，额雷人  
  
968  
00:38:15,710 --> 00:38:17,270  
那就是比较虚的人，怎么办啊  
  
969  
00:38:18,270 --> 00:38:19,310  
呃半钱  
  
970  
00:38:21,680 --> 00:38:23,960  
那么这个那个那个那个那个  
  
971  
00:38:25,080 --> 00:38:26,560  
那除以二呗是吧  
  
972  
00:38:27,080 --> 00:38:28,440  
大概就是2克左右  
  
973  
00:38:30,150 --> 00:38:30,350  
呃  
  
974  
00:38:31,870 --> 00:38:36,680  
有一个特别重要的事叫平淡温复制这类药啊  
  
975  
00:38:36,760 --> 00:38:37,640  
要注意一个问题  
  
976  
00:38:38,320 --> 00:38:39,720  
你都不能在饭后吃  
  
977  
00:38:40,600 --> 00:38:43,840  
你饭后吃，那你就是成心祸害人了  
  
978  
00:38:43,880 --> 00:38:44,440  
明白了吧  
  
979  
00:38:44,560 --> 00:38:44,960  
为啥  
  
980  
00:38:45,240 --> 00:38:46,360  
因为吃完之后啊  
  
981  
00:38:46,960 --> 00:38:50,720  
会非常有非常多的人会非常剧烈的呕吐  
  
982  
00:38:51,500 --> 00:38:52,860  
那么即使不呕吐呢  
  
983  
00:38:53,340 --> 00:38:56,540  
它也只要你用到量，一定会得快力  
  
984  
00:38:56,540 --> 00:38:59,290  
就是也就是卸下俊猛啊  
  
985  
00:38:59,730 --> 00:39:00,450  
卸下俊猛  
  
986  
00:39:00,850 --> 00:39:04,050  
那么这种时候你要刚吃完饭，你这么弄  
  
987  
00:39:04,610 --> 00:39:07,890  
真的有的时候搞不好弄出那个急性的胃肠出血  
  
988  
00:39:08,490 --> 00:39:11,690  
消化道出血，这个都是都是以前都有前车之鉴的啊  
  
989  
00:39:12,020 --> 00:39:12,900  
都是会出现的  
  
990  
00:39:12,900 --> 00:39:13,660  
一定要注意  
  
991  
00:39:13,940 --> 00:39:14,740  
所以在这呢  
  
992  
00:39:14,740 --> 00:39:16,700  
这个细节很多人没注意到啊  
  
993  
00:39:16,700 --> 00:39:17,900  
就说为什么要平淡符  
  
994  
00:39:18,220 --> 00:39:19,180  
是不是早晨吃  
  
995  
00:39:19,220 --> 00:39:21,670  
不是，他的意思其实是啥呀  
  
996  
00:39:21,750 --> 00:39:22,750  
空腹同学们  
  
997  
00:39:23,320 --> 00:39:24,960  
那你早晨一般情况下  
  
998  
00:39:24,960 --> 00:39:26,960  
我们说早晨一定是空腹  
  
999  
00:39:26,960 --> 00:39:27,880  
刚睁眼那会儿  
  
1000  
00:39:28,280 --> 00:39:29,520  
为啥你刚睡一宿觉  
  
1001  
00:39:29,520 --> 00:39:33,730  
是不是那么胃里基本上消化差不多了啊  
  
1002  
00:39:33,730 --> 00:39:36,650  
那么这个时候是吃它的最好的时机啊  
  
1003  
00:39:37,250 --> 00:39:38,170  
那么这是早晨  
  
1004  
00:39:40,840 --> 00:39:43,640  
不下者那么咋办  
  
1005  
00:39:43,680 --> 00:39:44,600  
加量呗，是吧  
  
1006  
00:39:44,720 --> 00:39:45,640  
就这么简单啊  
  
1007  
00:39:46,240 --> 00:39:47,920  
那不是因为他比例问题啊  
  
1008  
00:39:48,240 --> 00:39:51,170  
那就是因为你量没到不下就加量  
  
1009  
00:39:52,130 --> 00:39:52,410  
呃  
  
1010  
00:39:54,740 --> 00:39:55,180  
之后  
  
1011  
00:39:57,460 --> 00:39:59,620  
糜粥自养啊  
  
1012  
00:39:59,660 --> 00:40:01,420  
迷舟自养得快立之后  
  
1013  
00:40:06,080 --> 00:40:11,980  
那么我们这个呃他的用的那个圆滑干碎啊  
  
1014  
00:40:12,020 --> 00:40:13,780  
这个没什么特殊的大戟  
  
1015  
00:40:14,380 --> 00:40:14,900  
那么大戟  
  
1016  
00:40:14,900 --> 00:40:16,580  
今天我们一般用两种  
  
1017  
00:40:17,280 --> 00:40:20,180  
呃京大戟或者子大几啊  
  
1018  
00:40:20,300 --> 00:40:23,940  
京大吉子大吉额，各有优劣啊  
  
1019  
00:40:24,140 --> 00:40:24,900  
各有所长  
  
1020  
00:40:28,180 --> 00:40:28,380  
嗯  
  
1021  
00:40:28,820 --> 00:40:31,820  
那么这个方呢，到后世又有画材  
  
1022  
00:40:33,100 --> 00:40:33,780  
宋代  
  
1023  
00:40:35,500 --> 00:40:41,320  
那么咱们都知道这个三因极一病证方论是吧  
  
1024  
00:40:41,400 --> 00:40:42,120  
陈先生啊  
  
1025  
00:40:42,240 --> 00:40:45,160  
他这这部著作他里头一张  
  
1026  
00:40:45,770 --> 00:40:51,090  
校方称之为空闲单公元丹怎么用啊  
  
1027  
00:40:51,530 --> 00:40:54,850  
它其实就是食藻法的一个变法啊，这个呃  
  
1028  
00:40:55,610 --> 00:40:56,770  
但是比较温和啊  
  
1029  
00:40:58,330 --> 00:40:59,290  
力量比较持久  
  
1030  
00:40:59,810 --> 00:41:03,670  
把圆花呀，去掉加白芥子  
  
1031  
00:41:04,070 --> 00:41:07,630  
白芥子本身就是能这个化丸痰是吧  
  
1032  
00:41:07,950 --> 00:41:08,790  
哎，化完痰  
  
1033  
00:41:09,770 --> 00:41:10,530  
呃散结  
  
1034  
00:41:12,090 --> 00:41:12,890  
把它合进去  
  
1035  
00:41:14,250 --> 00:41:15,650  
为完啊，为完  
  
1036  
00:41:17,270 --> 00:41:18,590  
呃，效果不错啊  
  
1037  
00:41:18,590 --> 00:41:19,630  
效果非常不错  
  
1038  
00:41:22,100 --> 00:41:23,300  
那么这就是失枣法  
  
1039  
00:41:24,430 --> 00:41:25,590  
呃，十道法里面呢  
  
1040  
00:41:26,230 --> 00:41:27,030  
这三要啊  
  
1041  
00:41:27,030 --> 00:41:28,990  
实际上后世医家也是有论述的  
  
1042  
00:41:29,650 --> 00:41:29,850  
呃  
  
1043  
00:41:30,130 --> 00:41:32,370  
清代邹润安先生本经书正啊  
  
1044  
00:41:32,410 --> 00:41:33,250  
中间这么讲  
  
1045  
00:41:34,720 --> 00:41:35,840  
干脆用的是根  
  
1046  
00:41:36,280 --> 00:41:37,600  
干脆用根之后怎么办啊  
  
1047  
00:41:37,960 --> 00:41:41,480  
他那个药性啊，着于理大戟呢  
  
1048  
00:41:41,800 --> 00:41:42,960  
用的是连根带皮  
  
1049  
00:41:43,600 --> 00:41:44,640  
所以它能去表  
  
1050  
00:41:45,240 --> 00:41:48,750  
你等圆花用的是花花，有啥特点啊  
  
1051  
00:41:49,750 --> 00:41:51,230  
花性善于上升吧  
  
1052  
00:41:51,510 --> 00:41:53,150  
所以你看表里向上  
  
1053  
00:41:53,430 --> 00:41:55,510  
因此这个方可以可不可以加减啊  
  
1054  
00:41:55,590 --> 00:41:56,070  
可以  
  
1055  
00:41:56,700 --> 00:41:58,780  
那你里头问题比较严重  
  
1056  
00:41:59,220 --> 00:42:01,660  
你干脆就打点儿，是不是啊  
  
1057  
00:42:02,340 --> 00:42:04,580  
你去表的问题严重，那咋办啊  
  
1058  
00:42:05,140 --> 00:42:07,940  
大几，你要上头问题比较严重  
  
1059  
00:42:09,080 --> 00:42:09,600  
用圆花  
  
1060  
00:42:10,400 --> 00:42:14,200  
那咱们说空闲单为啥去原花呀  
  
1061  
00:42:14,930 --> 00:42:19,140  
那么说明他主要的问题不在上交，是不是这回事啊  
  
1062  
00:42:19,380 --> 00:42:19,580  
哎  
  
1063  
00:42:19,580 --> 00:42:20,260  
就这么简单  
  
1064  
00:42:20,700 --> 00:42:22,820  
所以这个方案你在临床上可以化财  
  
1065  
00:42:23,300 --> 00:42:24,580  
那么也可以单行  
  
1066  
00:42:25,100 --> 00:42:27,730  
比如干碎，单独一味药拿出来  
  
1067  
00:42:27,930 --> 00:42:29,530  
你再加上带黄和芒硝  
  
1068  
00:42:30,090 --> 00:42:31,730  
那么专门治疗什么呀  
  
1069  
00:42:31,970 --> 00:42:32,930  
心下的硬痛  
  
1070  
00:42:33,730 --> 00:42:35,210  
那么干脆煮里，是不是  
  
1071  
00:42:35,850 --> 00:42:39,210  
那这就变成了大陷胸汤我们说这种东西  
  
1072  
00:42:39,210 --> 00:42:41,090  
那你就左右逢源，哎  
  
1073  
00:42:41,090 --> 00:42:42,090  
开合有度啊  
  
1074  
00:42:49,180 --> 00:42:51,060  
下一张放意饮  
  
1075  
00:42:51,500 --> 00:42:52,820  
那么刚才咱们讲那个  
  
1076  
00:42:52,820 --> 00:42:54,300  
你看除了食草汤的选饮  
  
1077  
00:42:55,660 --> 00:42:58,340  
干脆半夏肾气和临桂猪肝汤  
  
1078  
00:42:58,340 --> 00:43:00,630  
它都得算什么指引吧  
  
1079  
00:43:00,630 --> 00:43:02,190  
那个那个那个痰饮，是不是啊  
  
1080  
00:43:02,430 --> 00:43:02,630  
哎  
  
1081  
00:43:02,630 --> 00:43:05,950  
都是在在在在在那个心下胃肠里啊  
  
1082  
00:43:06,270 --> 00:43:06,670  
咳  
  
1083  
00:43:07,180 --> 00:43:10,300  
那么大小青龙汤比较有特点  
  
1084  
00:43:10,500 --> 00:43:11,380  
它治的是啥呢  
  
1085  
00:43:12,140 --> 00:43:13,060  
治的是益饮  
  
1086  
00:43:13,620 --> 00:43:13,940  
哎  
  
1087  
00:43:14,340 --> 00:43:14,980  
当发其汗  
  
1088  
00:43:15,340 --> 00:43:16,500  
我看到这个条文啊  
  
1089  
00:43:16,500 --> 00:43:18,620  
我有的时候就忍俊不禁啊  
  
1090  
00:43:18,620 --> 00:43:20,650  
我就想乐，经常有的时候呢  
  
1091  
00:43:21,010 --> 00:43:21,250  
呃  
  
1092  
00:43:21,370 --> 00:43:22,610  
跟一些朋友交流啊  
  
1093  
00:43:22,610 --> 00:43:23,890  
就就聊起这类问题  
  
1094  
00:43:24,410 --> 00:43:27,860  
呃，越是学术严谨的大夫  
  
1095  
00:43:28,850 --> 00:43:30,650  
越接受不了这个事啊  
  
1096  
00:43:30,650 --> 00:43:32,130  
我讲啥叫学术严谨呢  
  
1097  
00:43:32,610 --> 00:43:34,050  
那你比如说我用一个柴胡  
  
1098  
00:43:34,050 --> 00:43:35,970  
我都得考证出来，用的是哪的柴胡  
  
1099  
00:43:35,970 --> 00:43:36,890  
用的哪个部位  
  
1100  
00:43:37,440 --> 00:43:37,880  
是不是啊  
  
1101  
00:43:37,880 --> 00:43:39,440  
就是说仲景先师用的是哪个  
  
1102  
00:43:39,920 --> 00:43:43,720  
我早就说过老猫抓耗子的路线  
  
1103  
00:43:45,440 --> 00:43:47,040  
这个话题我说过这个问题吧  
  
1104  
00:43:47,720 --> 00:43:51,800  
它是真理还是示范  
  
1105  
00:43:52,560 --> 00:43:54,080  
你得明白这个话题  
  
1106  
00:43:55,150 --> 00:43:56,870  
它中间的这个道理是真理  
  
1107  
00:43:57,510 --> 00:43:59,870  
但他这个路线不是真理  
  
1108  
00:44:00,630 --> 00:44:01,470  
这个话题呢  
  
1109  
00:44:01,510 --> 00:44:03,030  
古人也有过一样的思考  
  
1110  
00:44:03,630 --> 00:44:10,720  
当年老子就曾经这个跟孔子讲过一样的道理  
  
1111  
00:44:11,280 --> 00:44:12,880  
你追着巨人的脚印  
  
1112  
00:44:14,440 --> 00:44:15,680  
那个东西不是大道  
  
1113  
00:44:17,440 --> 00:44:18,730  
是不是，哎  
  
1114  
00:44:18,810 --> 00:44:20,050  
就是圣人的脚印啊  
  
1115  
00:44:20,050 --> 00:44:21,690  
他他他他他他不是大盗  
  
1116  
00:44:22,060 --> 00:44:23,540  
那么我用一个特别简单的  
  
1117  
00:44:23,540 --> 00:44:26,420  
就是猫和耗子的关系给你给你讲这个道理  
  
1118  
00:44:26,660 --> 00:44:27,820  
可能更简单啊  
  
1119  
00:44:27,940 --> 00:44:29,100  
大家更容易明白  
  
1120  
00:44:29,780 --> 00:44:34,500  
那么越是考究的这个医生看到这种他他越懵  
  
1121  
00:44:34,500 --> 00:44:34,980  
为啥  
  
1122  
00:44:36,090 --> 00:44:38,610  
那小青龙汤症，大青龙汤症能一样吗  
  
1123  
00:44:38,930 --> 00:44:39,970  
你就别说他俩了  
  
1124  
00:44:40,490 --> 00:44:42,890  
你就小青龙汤证里头换俩药  
  
1125  
00:44:43,370 --> 00:44:47,380  
那你去麻黄，你加饶花和加杏仁儿都不一样吧  
  
1126  
00:44:48,110 --> 00:44:51,070  
诶，是不是那么夏利者加韶华是不是  
  
1127  
00:44:51,550 --> 00:44:51,790  
哎  
  
1128  
00:44:51,790 --> 00:44:54,640  
那么那那那个喘加杏仁，那都不一样  
  
1129  
00:44:55,120 --> 00:44:57,760  
若噎者加附子是不是渴呢  
  
1130  
00:44:57,920 --> 00:44:59,800  
去半夏加天花粉啊  
  
1131  
00:45:00,120 --> 00:45:03,820  
你讲这么个道理，那么那都不一样  
  
1132  
00:45:04,260 --> 00:45:06,700  
你更何况这一个，你用俩不一样的方法  
  
1133  
00:45:06,700 --> 00:45:07,300  
那能行吗  
  
1134  
00:45:07,300 --> 00:45:08,180  
那就能行  
  
1135  
00:45:08,340 --> 00:45:09,300  
他就能行  
  
1136  
00:45:09,580 --> 00:45:09,980  
为啥  
  
1137  
00:45:10,180 --> 00:45:12,860  
因为我早就说过金匮守的是官窍，对不对啊  
  
1138  
00:45:13,220 --> 00:45:14,420  
那么这个守的是啥  
  
1139  
00:45:14,820 --> 00:45:17,100  
隐溢出来了就说明水太多了  
  
1140  
00:45:17,940 --> 00:45:19,260  
那么水太多了之后  
  
1141  
00:45:20,300 --> 00:45:22,340  
我们可以用两个方法去解决它  
  
1142  
00:45:24,510 --> 00:45:25,350  
那么啥叫意淫  
  
1143  
00:45:25,390 --> 00:45:28,790  
我们讲就讲过说所谓引水流行归于四肢对不对啊  
  
1144  
00:45:29,390 --> 00:45:33,030  
那么他为啥会水太多原因  
  
1145  
00:45:35,860 --> 00:45:39,100  
当汗出而不汗出，咱们之前讲的吧  
  
1146  
00:45:39,580 --> 00:45:40,900  
那么意淫什么原因啊  
  
1147  
00:45:43,500 --> 00:45:44,180  
七个字吗  
  
1148  
00:45:45,060 --> 00:45:46,460  
当汗出而不汗出  
  
1149  
00:45:46,980 --> 00:45:48,900  
那么你就让他把汗出来就完了嘛  
  
1150  
00:45:49,420 --> 00:45:50,860  
是不是那么简单一个道理啊  
  
1151  
00:45:52,410 --> 00:45:54,730  
那么很多时候治病其实非常简单啊  
  
1152  
00:45:55,090 --> 00:45:56,050  
治病非常简单  
  
1153  
00:45:57,490 --> 00:45:57,810  
呃  
  
1154  
00:45:58,920 --> 00:46:02,720  
那么就像说到这，我我我我题外话啊  
  
1155  
00:46:02,840 --> 00:46:06,360  
随便跟大家聊聊，有一种顽症叫青光眼  
  
1156  
00:46:07,990 --> 00:46:08,510  
是不是啊  
  
1157  
00:46:08,790 --> 00:46:09,830  
有的时候在临床上  
  
1158  
00:46:10,150 --> 00:46:13,350  
大伙说说不会治我这玩意辩证到底是肝阴虚还是啥  
  
1159  
00:46:13,470 --> 00:46:14,790  
你别辩那么多证啊  
  
1160  
00:46:15,190 --> 00:46:16,190  
你在零上你就摸脉  
  
1161  
00:46:16,750 --> 00:46:19,310  
当然前提是这个人脉不虚的前提下  
  
1162  
00:46:19,470 --> 00:46:20,750  
这个我把前提说好啊  
  
1163  
00:46:21,190 --> 00:46:23,950  
你别不顾及这个前提，你就去去用  
  
1164  
00:46:24,580 --> 00:46:25,900  
你用坏了我不管啊  
  
1165  
00:46:25,980 --> 00:46:27,220  
那你这跟我没关系  
  
1166  
00:46:27,420 --> 00:46:30,100  
前两天那个有一有一学生问我说  
  
1167  
00:46:30,100 --> 00:46:32,580  
老师说这个给人用  
  
1168  
00:46:32,580 --> 00:46:37,520  
这个猪苓汤加这个这个这个四禁类的药啊  
  
1169  
00:46:38,280 --> 00:46:40,160  
海金沙啥的治结石  
  
1170  
00:46:40,890 --> 00:46:43,690  
后来治来治去，出现损伤了  
  
1171  
00:46:43,930 --> 00:46:44,730  
肝脏肝损伤  
  
1172  
00:46:45,490 --> 00:46:46,570  
呃，这咋整  
  
1173  
00:46:46,850 --> 00:46:48,370  
那你肯定是因为没摸脉啊  
  
1174  
00:46:49,210 --> 00:46:50,490  
这人肯定是特别虚啊  
  
1175  
00:46:50,490 --> 00:46:52,050  
虚，你怎么能能这么弄啊  
  
1176  
00:46:52,130 --> 00:46:52,930  
是不是这个道理吧  
  
1177  
00:46:53,330 --> 00:46:55,170  
那你所以所以说我  
  
1178  
00:46:55,170 --> 00:46:56,870  
我，呃师傅啊  
  
1179  
00:46:56,870 --> 00:46:59,470  
沈先生他，他又给交给我任务  
  
1180  
00:46:59,510 --> 00:47:00,630  
说让我写一篇文章  
  
1181  
00:47:01,390 --> 00:47:01,590  
呃  
  
1182  
00:47:01,950 --> 00:47:05,190  
关于中药的谨记，其实这个特别重要啊  
  
1183  
00:47:05,190 --> 00:47:06,670  
很多时候我们说中药  
  
1184  
00:47:06,990 --> 00:47:10,350  
我光告诉你说这个方能治啥病，啥病啥病  
  
1185  
00:47:11,390 --> 00:47:15,190  
给你一顿鼓励鼓励的，你头昏脑胀  
  
1186  
00:47:16,190 --> 00:47:17,310  
不是啥好事啊  
  
1187  
00:47:17,310 --> 00:47:17,710  
同学们  
  
1188  
00:47:18,510 --> 00:47:20,390  
那么你看看当年仲景老先师  
  
1189  
00:47:20,430 --> 00:47:22,150  
他在写伤寒论的时候  
  
1190  
00:47:22,430 --> 00:47:23,670  
他后头跟着是什么  
  
1191  
00:47:24,110 --> 00:47:24,830  
可遇不可  
  
1192  
00:47:26,050 --> 00:47:26,770  
可于谁  
  
1193  
00:47:27,770 --> 00:47:30,050  
不可不可，是什么就不能用啊  
  
1194  
00:47:30,690 --> 00:47:31,730  
这个是特别重要的  
  
1195  
00:47:31,730 --> 00:47:32,490  
那么在这一样啊  
  
1196  
00:47:32,490 --> 00:47:36,250  
我讲这个道理，青光眼你注意到他的紧急之后  
  
1197  
00:47:36,760 --> 00:47:41,670  
单从这个病来论，你就这个视其显前后啊  
  
1198  
00:47:41,950 --> 00:47:43,150  
前后就是二阴嘛，对吧  
  
1199  
00:47:43,430 --> 00:47:48,360  
小便与大便合部不利你就利合，不非常简单  
  
1200  
00:47:48,360 --> 00:47:49,400  
直接干掉啊  
  
1201  
00:47:49,400 --> 00:47:50,440  
我想这个道理啊  
  
1202  
00:47:51,120 --> 00:47:52,360  
你小便不利利小便  
  
1203  
00:47:52,800 --> 00:47:55,410  
大便不利利大便，为啥呀  
  
1204  
00:47:55,410 --> 00:47:56,570  
因为肝通阳明嘛  
  
1205  
00:47:56,570 --> 00:47:57,410  
我们讲这个事嘛  
  
1206  
00:47:57,410 --> 00:47:57,730  
对吧  
  
1207  
00:47:59,130 --> 00:47:59,690  
通下去  
  
1208  
00:48:00,210 --> 00:48:02,450  
所以一个道理，那么一饮不也是吗  
  
1209  
00:48:02,650 --> 00:48:03,970  
那这个隐溢于四肢怎么办  
  
1210  
00:48:03,970 --> 00:48:04,890  
你发汗就完了  
  
1211  
00:48:05,170 --> 00:48:06,170  
那发汗怎么发呀  
  
1212  
00:48:06,500 --> 00:48:08,100  
大小青龙啊哈是吧  
  
1213  
00:48:08,460 --> 00:48:09,980  
那么大小青龙什么区别啊  
  
1214  
00:48:10,240 --> 00:48:13,520  
这个在我的伤寒课的时候给大家大家讲的很详细啊  
  
1215  
00:48:13,520 --> 00:48:14,400  
在这不再赘述  
  
1216  
00:48:14,800 --> 00:48:15,520  
总结一下  
  
1217  
00:48:15,520 --> 00:48:17,400  
非常简单，一句话概括  
  
1218  
00:48:17,440 --> 00:48:18,400  
行云布雨嘛  
  
1219  
00:48:18,760 --> 00:48:19,320  
是不是啊  
  
1220  
00:48:19,560 --> 00:48:21,040  
所谓地气上升  
  
1221  
00:48:22,140 --> 00:48:22,940  
地气上为云  
  
1222  
00:48:23,380 --> 00:48:24,260  
天气下为雨  
  
1223  
00:48:24,500 --> 00:48:27,580  
那么地气不生，就需要行云之用  
  
1224  
00:48:27,820 --> 00:48:30,870  
以小青龙，那么天气不降  
  
1225  
00:48:31,870 --> 00:48:33,390  
那不汗出而烦躁是吧  
  
1226  
00:48:33,390 --> 00:48:34,830  
那雨下不来，闷得很  
  
1227  
00:48:35,270 --> 00:48:37,190  
那么这时候用什么大型龙汤  
  
1228  
00:48:37,270 --> 00:48:38,310  
行不雨之令  
  
1229  
00:48:39,000 --> 00:48:40,640  
那么大小青龙行云布雨  
  
1230  
00:48:41,000 --> 00:48:43,180  
那么发其汗，哎  
  
1231  
00:48:43,260 --> 00:48:44,380  
发其汗乃愈啊  
  
1232  
00:48:44,500 --> 00:48:46,580  
那么这就是关于意饮的制法  
  
1233  
00:48:46,580 --> 00:48:48,420  
在这就就简单说一下啊  
  
1234  
00:48:48,980 --> 00:48:49,780  
非常简单  
  
1235  
00:48:50,810 --> 00:48:51,650  
当然我们在临床上  
  
1236  
00:48:51,650 --> 00:48:55,170  
你比如说那个风水月毕加猪汤是吧  
  
1237  
00:48:55,530 --> 00:48:55,730  
哎  
  
1238  
00:48:55,730 --> 00:48:56,410  
那么这种呢  
  
1239  
00:48:56,410 --> 00:48:58,580  
其实跟它也有相通之处啊  
  
1240  
00:48:58,580 --> 00:49:02,060  
都能联系上好我们这堂课呢  
  
1241  
00:49:02,140 --> 00:49:03,140  
先到这儿下课吧  
  
1242  
00:49:03,140 --> 00:49:04,580  
同学们一会儿，咱们接着聊